

## MY SKIN WAS A BIT DRY AND NOW IT FEELS... MORE RELAXED."







**Daniel B**Nottingham.

Complement your ProGlide shave with Gillette Series Intensive Hydration Moisturiser. It's engineered to hydrate and condition skin that has just been shaved. This light, non-greasy moisturiser instantly hydrates your skin for a fresh look and feel.

Its new 3 in 1 formula provides superior hydration\*, conditions and also protects your skin from the damaging effects of the sun. Gillette Series Instant Hydration Moisturiser is the perfect finish to a ProGlide shave. But don't take our word for it, try it for yourself.



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6-12 MAY 2011

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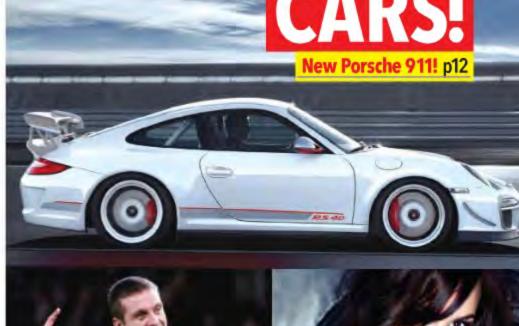
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Royal Wedding feast

walkingwiththewounded.org.uk





# Becks: 'I'd love to be back in the England frame!'

David Beckham on Capello, the Olympics and wearing an England shirt!

i Becks! How is the MLS season going so far?
We're only a handful of games in and we've been unlucky with a couple of draws but I think we're in a good place. We're playing well, the lads are confident and we're looking forward to every match. Personally, I'm enjoying myself. You're about to hit your 36th birthday. How are the old legs standing up? They're great,



thanks! I feel fitter than ever.
Of course, I'm not getting any
younger and I can't run around
all day like I used to, but with my
experience I know when to make
the runs and when to sit. And
let's be honest, I was never that
fast anyway!

With you being in the final year of your contract with LA Galaxy, what does next season hold for you? Will you maybe retire from football? Hove playing football, I always have. I still have the same enthusiasm for the game as I did when I was 18 and even when I was England captain, so I don't want to give it up until I'm absolutely sure it's the right thing to do. I still think I'm contributing so I can only really see where I am at the end of the season and then make a decision.

So it's a possibility you could carry on playing? Yeah. I don't fear retirement but I'm not exactly desperate to retire. The game has been good to me and I'd like to carry on if it's right for me, my family and whatever team I play for.

You've spoken about playing at the Olympics in 2012. You'll be 37 by then... It's something I'd definitely like to do. The Olympics is an incredible event that touches so many people around the world. Who wouldn't want to be involved in something like that? But I can't look too far forward because

football has a habit of changing whatever you plan. I know that from personal experience! I'll just concentrate on this year, stay fit and help Galaxy with their matches.

Could we see David Beckham back in an England shirt? I don't know. I miss playing for England. The proudest moments in my career came in an England shirt so I'd love to be back in the frame. I don't think age comes into it. If I'm playing

'My proudest moments have been in an England shirt"

well enough, the manager says he will pick me. If England go in another direction and are successful, I'll be happy too. So what about the future of England? What do you make of the new faces coming through like Andy Carroll, Ashley Young and Joe Hart? It all looks really promising and the main thing for me is that you've still got quality experienced players like. Terry, Ferdinand and Gerrard giving the squad a good balance. You want an environment where new players can come in and immediately feel at ease. I think the manager has created that. The future looks bright for us.

You mentioned the manager. A lot of football fans have fallen out of love with Fabio Capello...

I can understand why people were so disappointed after the World Cup. I was, personally, because I'm an England fan first and foremost. But honestly, I don't think the manager could have done anything else. The players just didn't perform. We've got a world-class manager - his record shows that - and we're lucky to have him. The way he's regrouped the players and had a great qualification campaign shows his qualities. We should get behind the manager and team and try and make a real mark in the European Championships.

Can England win the Euros?
Of course we can. We have to be positive without getting too drawn into the hype that always surrounds England. We've got the players, new and old, who are good enough and we've got the right manager. Let's qualify first and then set our ambitions high when we get to Euro 2012.

Fancy an England swansong at Euro 2012? As long as I'm playing football, I'm always available for England. That never changes, but it's up to the manager. If I don't play and we do well I'll be delighted. I'm a proud Englishman and I want my country to succeed. That's more important than any one player's ambitions!



**Nuts EXCLUSIVE!** 

## Kate Bosworth: "By 'eck topless. it's cold!"

## It's the *Superman* superstar's candid holiday snaps!

t's very rare that you see a genuine Hollywood star sauntering up a beach with her boobs out, looking like she hasn't a care in the world.

So we did a genuine comedy eve-rub (with squeegee sound effects) when these snaps landed on our desk - Superman Returns star Kate Bosworth on holiday in Mexico, frolicking in the surf, as topless as a cherub!

The actress was enjoying a holiday in Cancun, Mexico, with her chums and thought nothing of discarding her bikini top for that all-over tan. And







WORDS: RORY BUCKERIDGE PHOTOS: SF







## Porsche's maddest ever 911 racer!

## The new Porsche GT3 RS 4.0 is practically a race car with a tax disc!

- Say hello to the forthcoming GT3 RS 4.0 – a 911 that's more powerful than the race car it's based on!
- That's 45bhp more powerful, to be precise. Porsche's official race version – the GT3 RSR – bench-presses the circuits with 455bhp. This 500bhp road car is based upon that race weapon, with a similar 4.0-litre engine. No turbos and no superchargers, just less flab, zero creature comforts and the ability to rev past 8,500rpm!
- Sources say that the GT3 RS
   4.0 will be a strictly limited
   edition, with no more than
   500 leaving the Stuttgart
   factory. Featuring an
   exclusive white paint finish
   with grey and red graphics,
   it'll be the last version of
   the 997 before Porsche
   wheel out the all-new 911.
- Besides decals, the GT3 RS 4.0 will be identified by key design tweaks – an aerodynamic nose job where the bumper boasts small turning vanes on either
- side of the car, a huge GT race car-style rear wing and carbon fibre bonnet and boot panels, together with riveted RSR-style widened arches.
- Comfort's not exactly a major consideration. Just like all RS models, this GT3 RS 4.0 gets a full roll cage, no radio, satnav or air-con. Suspension is set for track attacking – not Waitrose.
- Keeping it as light as possible, the thin seats are clothed in Alcantara and leather.
- It's on sale next month and likely to retail at £130,000

   £25,000 more than the existing GT3 RS. It may not have turbos, 4WD or a flappy paddle gearbox, but that's what makes the GT3 RS so raw and sensitive.
- We didn't think Porsche could possibly make the GT3 RS any faster, harder or meaner. But with a 0-62mph time of 3.9 seconds and hitting 200mph+ top end, our words have been well and truly swallowed!

WORDS: JONNY SMIT





## Free Kate posters for wedding fans!

Nuts provides a little something for the long wait

ritain had plenty to celebrate last week, and some patriotic souls made sure of a prime spot for the Royal Wedding by camping out at Westminster. So, we popped down to hand

Hmm, she

has a hot, 'in

tents' look'

out our fabulous. historic Kate-inher-frillie-undies poster that's got everyone talking!





### Views of the queue!

What the royal watchers reckoned to their free poster!



"It'll look

lovely on the

mantelpiece!"

55, Bedfordshire "The poster's great, everything's great, it's a great

day. The poster captures Kate a little, but not truly - she's actually more beautiful!"



#### NIRO

30, Sussex "I like the poster. I think the Queen might have a bit

of a word about her choice of lingerie. I think the Queen would've gone for something a bit more conservative!"



33, Uzbekistan "I like it. I want one. How much does it cost?"



CAMILO

Colombia "It's good. It's sexy. She's definitely the sexiest royal!"



20, Milton Keynes "It's going to draw a few eyes to my tent, definitely!"



### **Nuts NEWS**

## Hoofed.

It's making our eyes water just to look at this unlucky cowboy!

ccasionally, you see something and think, "Thank goodness that's not me!" This is definitely one of those times.

This poor gentleman is a Uruguayan gaucho (South American cowboy) and, as you may have noticed, he's being kicked in the goolies by an unbroken horse with such almighty force that he's actually being lifted off the ground!

And, to rub salt into any wounds that may have occurred, his mate's laughing at it! Well, we're a bit more sensitive here at *Nuts*, so we'd like to offer him our sincerest condolences – and indeed extend them to his wife, since she surely won't be getting any action for some time!

WORDS: PETE CASHMORE PHOTO: REUTERS



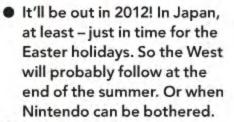
The Wii 2's coming. But what will be inside?

nnouncing an announcement's always great hijinks. Like last week's Nintendo news bomb that they'll be unveiling their new Wii console at June's E3 games expo. But what will the Wii 2 look like? How will it work? What the hell does Mario think? Here's a handy guide to the better rumours doing the rounds. Sounds dead exciting to us!



It'll look like this! Actually, it probably won't. But this mock-up popped up on that interweb a week before the announcement and conspiracy theorists reckon the pics were part of Nintendo's presentation to games developers.





- It'll be in HD! Six years after the Xbox 360 introduced highdef gaming, Nintendo finally jumps on the bandwagon. It'll have to improve on the PS3 otherwise, what's the point?
- It'll sense your heartbeat! Nintendo announced a heartbeat-tracking sensor in 2009 but it quickly went away. The Wii 2 should finally boast games that react to your heart rate!
- It's called the Nintendo Stream! Maybe... or maybe not. But that could point to a) streaming games via Wi-Fi to connected TVs around the house, or
- b) streaming games wirelessly direct from the internet.
- It'll support 3D! But not specs-free like the 3DS. The graphical crunch means conventional 3D will be a doddle, but low uptake of 3D TVs means this won't be a priority for Nintendo.
- It's got other stuff! The system will be based on a revamped version of AMD's R700 GPU architecture. The system's CPU will be a custom-built triple-core IBM PowerPC chipset, but the clocking speeds will be faster than the similar Xbox 360. Which means it'll be dead fast!
- The controller will house a 6in, high-resolution touchscreen that'll communicate with the console via Wi-Fi! They won't look exactly like this, but it gives you some idea!



16 Nuts

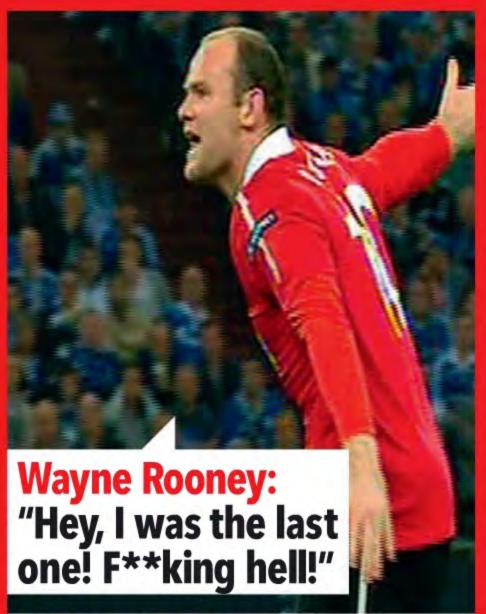






## THE NUTS LIP-READER!

When he watches a match, he sees every word! John Cassidy is a real lip-reading expert. And an FA coach!



SCHALKE VS MAN UNITED Veltins-Arena, Tuesday 26 April, 8.18pm Wazza reckons he was through before being hauled down.



**SUNDERLAND VS WIGAN** Stadium of Light, Saturday 23 April, **3.26pm** The Black Cats boss feels the need for Steed Malbranque.



WOLVES VS FULHAM Molineux, Saturday 23 April, 4.37pm Fulham gaffer gives stick to Wolves fans after his side equalise.

POTTY-MOUTH OF THE WEEK!





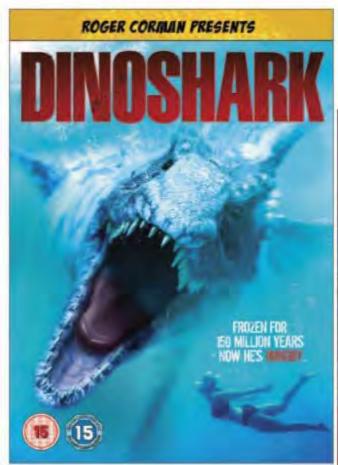
CHELSEA VS WEST HAM Stamford Bridge, Saturday 23 April, 3.44pm Lampard celebrates after scoring against his former club.







## piece of the action



£5
DVD out now

Frozen for 150 million years - now he's hungry! On the menu is a fleshy feast of sailors, swimmers, lifeguards, jet skiers, horny tourists and bikini babes. No one is safe from the blood-crazed primeval mutation they call Dinoshark!



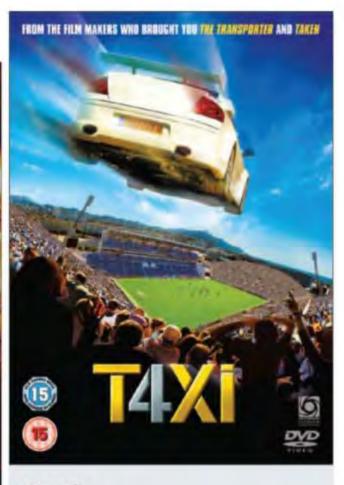






**£9**.99

A high-octane action-packed thriller starring Oscar® winner Cuba Gooding Jr. (Jerry Maguire), Ray Winstone (The Departed) and Ron Perlman (Hellboy, Conan The Barbarian) which follows an elite group of soldiers on a covert mission to retrieve a scientist from an underground lab where they encounter an ancient evil



**£9.99**DVD out now

The fourth movie in the brilliant Taxi series, sees another nitros fueled adventure hit the city streets. Packed with breakneck car chases and gravity defying stunts, Taxi 4 is the perfect ride for petrol-heads and action fans



## DON'T LOCK!

Pictures for the stronger stomach!

Send your injuries to dontlook@ipcmedia.com

## My calf ripped from my leg!'

Leg mangled in motorbiking misery!

SKINGRAFII.

psychologist to work out the attraction of motorbikes. The speed-frenzied adrenaline-pump, the wind in your hair, and the freedom of the open road. But the joy of two wheels can come at a price, and Michael Greer, 20, from Stockport paid a hefty one.

"A car turned into my path and trapped my leg," Michael tells *Nuts*. "The leg broke in two places and muscle and skin were ripped off my calf.

"To treat it, I had a vein graft, a metal pin put inside my tibia, and a muscle was transplanted from my back onto my leg."

Thankfully, it worked. "The good news is that I'm now walking around again, and I'll soon be on the lookout for another motorbike. You can't keep a biker down for long!"

"Excuse me, this kebab's a little on the rare side"

"The driver now hooks like the man on my shirt

Win £1,000!

Think you can do better? Here's your chance. The best "Don't Look!" picture published in 2011 will win £1,000 in cash!\* Submit your images and contact details to dontlook@ipcmedia.com

His girlfriend's old fishnet stockings finally came in handy



## YOURLETTE

The hilarious stuff you've sent us this week!

Send your Letters to nutsletters



### Big dog!

Dear Nuts,

This is me and my mate JG with the giant hot dog we made. It consists of a giant frankfurter, 20 normal frankfurters deep fried, three cans of chilli, a block of grated cheese, a pot of pickles and a pot of jalapeños, and a couple of packs of salami!

Jordan and JG, via email You don't want to work as the Nuts chefs, do you, chaps?

## RAF, but not rough!

Dear Nuts,

Thank you from the RAF Police girls on Herrick 13, for the mags and T-shirts. Here's a bit of glamour for you.

Lou, Danni, Abi, Katie, Nikky and Sarah, Afghanistan Anyone else feel like joining the RAF Police?



## This is our kind of village

Dear Nuts.

I work as an electrical contractor and my job takes me all over the country. When I was sent to a quiet village called Knockin in Wales, I found it highly amusing when I saw the name of the shop.

Andrew, Bedford

Well, logically, what else were they going to call it?



#### Wheels of hate

Dear Nuts.

Well, this is one way to show your dissatisfaction with the performance of your motor!

Mark, Looe

You wouldn't think anyone would want to bring it to the public's attention really,



## We're feeling a bit Jaded

Dear Nuts, This is me enjoying the sun in my vest and shorts combo.

Jade Fletcher, Littlehampton
And we're certainly enjoying
your enjoyment, Jade!







@ipcmedia.com or to the address on p72

## One for the phone book

Dear Nuts.

I spotted this while tucking into a carvery the other day. I instantly thought of you guys, and not in that way either!

Adam Delaney, Southend-on-Sea

Apparently, they make paper cups. How disappointing!

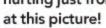


#### He's bottled it

Dear Nuts.

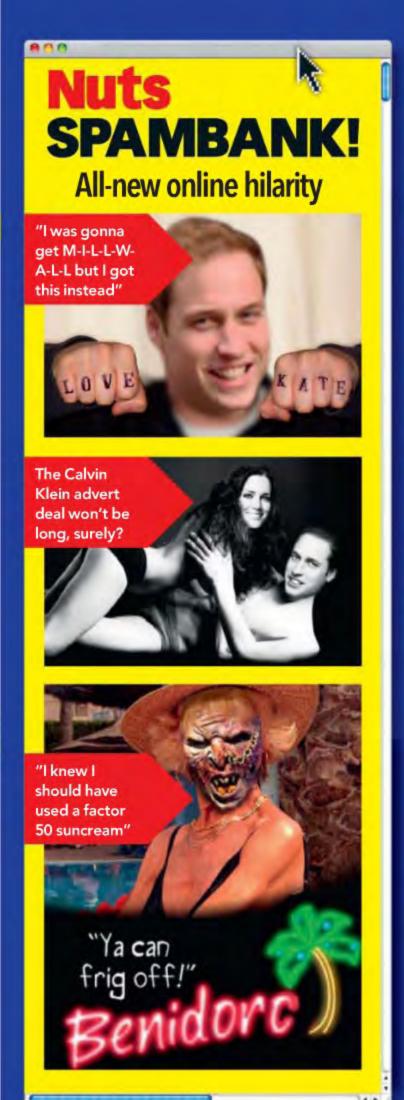
When this much beer has been downed, there can be only one possible outcome!

Craig, via email Good Lord! Our livers are hurting just from looking





See more funny stuff at www.nuts.co.uk/spambank



### Win Durex stuff! @@@

Send your letters, hilarious spam pictures and camera phone cutie shots to: <a href="mailto:nutsletters@ipcmedia.com">nutsletters@ipcmedia.com</a> or post them to the address on page 72. The sender of this week's best letter\* will win fantastic goody bags from our friends at Durex, containing a year's supply of Durex condoms, plus various other items to keep both yourself and your missus happy.

Visit <a href="mailto:www.durex.co.uk">www.durex.co.uk</a> for more information.



FEDITOR'S DECISION IS FINAL TERMS AND CONDITIONS ON PAGE 72 APPLY

Bursting with all the best gags, every week!

Send your jokes to nutsjokes@ipcme

## SHORTJOKES!

Q: Why was the washing machine laughing?

A: Because it was taking the p\*ss out of the underpants!

Glyn Fortune, High Wycombe

Q: What do you call a sheep with no legs? A: A cloud!

Les Jaynes, Hereford

Q: Why do gorillas have big nostrils? A: Because they've got big fingers!

Julian Adams, Winchester

Q: What do you call two Mexicans playing basketball? A: Juan on Juan!

Justin, Perth

Q: What do you call a fish with no eyes? A: A fsh!

Will Rowlands, Norwich



#### Age concerr

Matt Reynolds, Liverpool

A woman walks up to an old man on his porch.

"You look so completely happy," she said. "What's your secret for a long, happy life?"

He replied, "I smoke three packs of cigarettes and drink a case of beer a day, eat fatty foods, and never, ever exercise."

"Wow, that's amazing! How old are you?"

"Twenty-six." Fred Phelps, Brighton





#### Bargain breasts

The supermarket advertised it had a sale on boneless chicken breasts so I went down there to stock up.

However, at the store, I was disappointed to find only a few skimpy pre-packaged poultry portions, so I complained to the butcher lady.

"Don't worry," she said, "I'll pack some more trays and have them ready for you by the time you finish shopping."

Several aisles later, I heard the lady butcher's voice boom over the public-address system...

"Will the gentleman who wanted bigger breasts please meet me at the back of the store."

Mickey, Aberdeen

Win a PS3 & WWE All Stars!

This week's funniest joke\* wins a PS3, a Mad Catz Brawl Stick and a copy of the latest WWE All Stars, the best wrestling game we've played in years! And with the Brawl Stick every grapple and suplex is even easier to pull off!





dia.com or to the address on p72

## Trumpet trouble

My parents recently retired. Mum always wanted to learn to play the piano, so dad bought her one for her birthday.

A few weeks later, I asked how she was doing with it.

"Oh, we returned the piano," said dad. "I managed to persuade her to switch to a trumpet instead."

I asked him why, and he said, "Because with a trumpet, she can't sing." Richard Day, via email



#### **RICH HALL:**

"The defection of Libya's foreign minister divided the British Cabinet. Some ministers thought Moussa Koussa was a useful ally. Some thought he was a terrorist sympathiser. And MP Eric Pickles thought he was a chickpea starter"

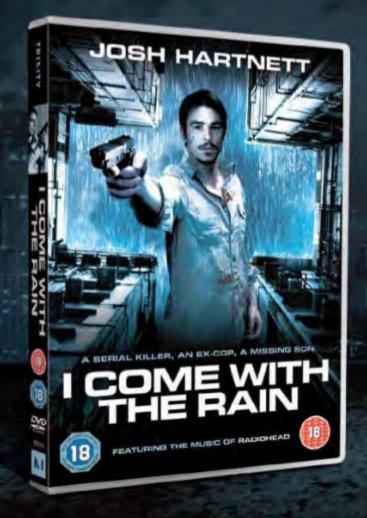
#### JACK WHITEHALL:

"I never understand University Challenge, but I watch it because if you get a question right it's the best feeling in the world. So what if I've been shouting the same answer out every week for four years?"

### **RUSSELL HOWARD**

on Rooney swearing:
"Nobody cares! A footballer swore? Next you'll be telling me Jordan isn't a virgin!"





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## POPOUT ONLY IN NUTS! NO PUBLIC!

Have a cheeky flash - and earn some cash!



POLLY 19, from Lancaster
"You can see why there's a spring in his step!"



JEMMA 26, from Berkshire
"Me down on the farm, having fun!"



EMMA 19, via email
"I did this on my 'naked day out'!"



or by text to 0771 388 8008.

JENNY 18, from North Yorkshire
"I felt like walking the dog topless – so I did!"

## THE TRUTH ABOUT SEX WITH... EMMA FRAIN

Nuts girls solve your bedroom bother!

Email questions to thetruth sex@ipcmedia.com



#### It's got a big bend in it!

Is a girl going to find it weird or even laughable that my John Thomas bends quite sharply to the right?

Bob, Stafford

If you find a girl you like and she likes you, who cares what shape it is - as long as it does the job! If you're really worried, you should see a GP, but you'll probably find there are plenty of other boys out there with willies that bend in all directions -up, down, left or right!

#### **Nuts Babes SEX TIPS!**

No.43: "First-thing -in-the-morning sex can be the very best kind. It'll send you off wanting more!" **Kelly Andrews** 



### She's rough!

My girlfriend likes going on top and riding me so hard that it hurts. Is there any way I can make the experience a little less painful for me but keep her happy at the same time?

Henry, Hertfordshire

Oh no! If it's painful you're in danger of damaging something you really don't want to damage! Maybe try a different position where you're more in control. Personally, I like doggy style and you can do that hard, too!

#### Should I hit the kitchen?

My mate says that ladies like a bloke who can cook, so I'm thinking of taking classes. Is he right or just pulling my leg?

Nathan, Bedford

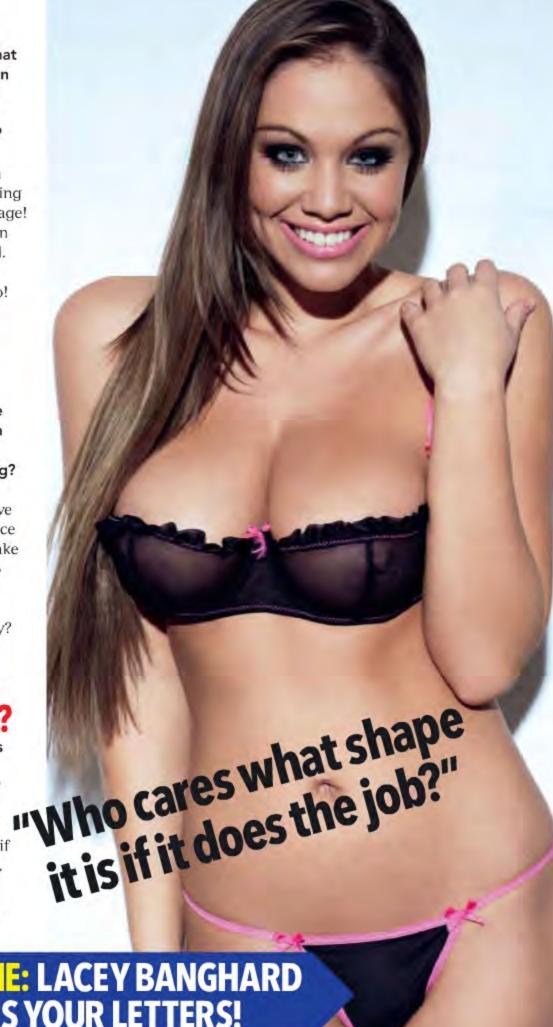
Your mate's right! Us girls love a bloke who can whip up a nice meal, but you don't need to take classes, just ask your mum to teach you a few dishes! Why waste that money when you could be lavishing it on a lady?

### Why does she close her eyes?

My girlfriend closes her eyes when she gives me oral pleasure - is this a bad sign?

Perry, Bridlington

No, not at all! She's probably just enjoying it-you'll know if she doesn't like it, believe me, because she won't do it! Just make sure that you're giving as well as getting!





NEXT TIME: LACEY BANGHARD ANSWERS YOUR LETTERS!

## CAMERA RHORE COMEDY Win £100!

Seen something daft? Snap it, send it in and win £100!



Text 'Nuts' and your picture to 0771 388 8008 (texts are free but standard network charges apply\*). Pic Of The Week wins £100 cash!\*\* Terms & conditions on page 72.



"I found this in a pack of wine gums. It's a dildo gum!" Ollie, Worthing







for a trim?" Dan and Andy, Wakefield



gave it foil hub caps, too!" Anon, via text



"No! Really? Thanks for everything, Tesco!" Harley, Manchester

TESCO SOUTHERN FRIED CHICKEN WRAP





samsung.com/uk/galaxyace



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Latest Connectivity, 150,000 Android Apps, Stunning Design.



## IT3 ROSIE!

Deep breath, chaps – we've got an all-new exclusive shoot!

e may have crowned Lucy Pinder the Queen Of Boobs just last week, but in our hearts she has an equally booby rival – step forward Rosie Olivia Jones, the Princess Of Boobs, if you will! All hail the Rosie!

Hi Rosie! What have you been doing recently? I went on holiday to Egypt with Stacey Massey, Emma Glover and India Reynolds – but we haven't got any pictures you can use this time, sorry! I've been working quite a lot lately, but we're







ERVIEW: RICH JENKINS PHOTOS: ZOE MCCONNELL STYLING: SPECIAL K IP & MAKELIP: ICHANNA DALEMO, CLOTHES: WITH THANKS TO PRIMARK having a whole party weekend for my best friend's birthday. I'm going to get about 15 out of ten for drunkenness!

How will you get through this terrible summer of no footy?

Oh my god – I think I'll die! Nah, I'll cope. It doesn't really bother me, to be honest. I'll go to the pub and watch cricket instead.

What aspect of the summer are you most excited about? Sunbathing and going to Thorpe Park! And I've got a dog now, so I'll be taking him for loads of walks. He's naughty sometimes but he's really cute.

What makes you happy at the moment? Jessie J! I like her videos. She's cool.

If you went on Britain's Got
Talent, what would your talent
be? I could do karaoke and
stupid dancing! It wouldn't be
good, but it'd be entertaining.
And if it was going wrong, I'd
whip my top off to get the crowd
back on my side!

What's the rudest thing you've been up to recently? In Egypt, the hotel was empty - we were the only people there - so we thought it'd be OK to strip off by the pool. Then this man came up to us with this sign saying, "No nudity!" He couldn't speak English, so he just pointed at it! What's an average day for Rosie Jones? Every day's different. Some days it's photo shoots or filming, and some days I'm made to do stupid things like wear a burkini on the beach! What kind of music are you listening to at the moment? I've

just got an iPhone but I haven't updated my iTunes since I was,

like, 12 or something! I've got all my old-school songs on it, which makes me happy. Backstreet
Boys, Spice Girls, So Solid
Crew... and a bit of Luther
Vandross – I don't know why
I liked him when I was younger – and Mariah. I'm so not cool!
What's the wildest night out
you've had recently? I always
say to myself, "I've been really
good lately so I'm allowed to get
really drunk tonight." And then

good lately so I'm allowed to get really drunk tonight." And then I remember I was really drunk the night before! I'm a really happy drunk, I love everyone and just sing to myself. I'll sing to you if you get close enough!







# IN TRACKER!

# The East End legend on accents, traitors and underpants!

i Ray! In your new film, Tracker, you play a South African bounty hunter. Did you model your accent on anyone? Not in particular. South Africans tend to be the bad guys. They talk like this [does aggressive accent], "You're so f\*\*king..." You go, "Whoah, slow up a bit!" I had a great teacher, so my accent became something smoother, to show he's someone who's lost his soul in a way.

It's set in 1903 New Zealand what's it really like there?

There's the North, which is the tropics, the North East Coast has crashing waves, then you come south and it's like the Lake District. It's God's country.

If a bounty was placed on your head, how would you survive? F\*\*k me! That's a question, isn't

it? I dunno. Find them first. The best form of defence is attack.

You're in a remake of The Sweeney with Plan B next. What do you make of him?

Ben Drew is a blinding actor, and he looks like he can kick a door down! We've got to wait for him to finish editing his own film, so we're shooting in November. I'm happy to wait.

Did you really turn down a part in The Wire? Yeah. Years ago. I turned it down because my girls were at school and it'd have been seven months in Baltimore. It's a fantastic show so I'd have brought it down a notch! But no regrets - kids come first. Your daughter Jaime is famous now, too. Do you run scripts past her so she can help choose the best parts? No. She's just produced her own film in Wales, Elfie Hopkins And The Gammons, and I've done a couple of days for her. Did she make you audition?

She wouldn't dare! I'd kill her, Or write her out of the will. Ha! What do you miss most when you're in America? The green fields, the rain, the seasons. Putting on an overcoat. There's nothing better than getting off the plane, the rain and the wind hitting you in the face and you go, "Welcome home!"

Have you got some good British mates to go for a drink with in the States? Yeah, loads. Vinnie [Jones]. Little Tamer [Hassan]. Little Max [Beesley]. The Yanks as well - good as gold, always make you welcome. I can't think of anywhere better to work. How much would we make if we followed you around for the day with a swear box? I'd be skint! Ha-ha! I don't really swear that often. Well, I don't notice it but I expect I do. It's part of the English language, isn't it? West Ham. Up or down? I'd hate to see Blackpool go down because they've been an

inspiration this year. It looked

like all the Ws at one point -Wolves, West Brom, Wigan, West Ham. [Roy] Hodgson's done a good job at Brom. Birmingham are looking shaky. Have you turned any of your Hollywood pals onto the Hammers? Nah. Why would I? All they know is [does American accent] "soccer". In the old onion bag, you know? I got into the Red Sox when I was in Boston, but American football and basketball aren't really for me. Do bet365 let you put on free bets for doing their adverts? They probably would! I have

a bet when I go to the races. I've phoned 365 up a couple of times and had a bet.

Got any tips for us? I have some good 'uns. I'll tell you after. I don't want everyone to know! We'll all end up getting nicked!

In Indiana Jones And The Kingdom Of The Crystal Skull, you double-cross Indy.

Why should we believe anything you say? Oi! Originally I was just a traitor but I said, "No, he's an old mate, he's just trying to earn a living, so he's a triple agent." I think I confused Steven [Spielberg] so much I got away with it!

Are there any other roles you'd still love to play? Millions. I'd like to play Churchill.

What, the insurance dog? No! [Grabs for Nuts] Come 'ere! Bond? I'm a bit old for Bond now. Maybe I could play his dad. What are you on about, Ray? It's not too late... Don't get funny. I'll 'ave you!

Thanks, Ray! What's the worst question you've ever been asked? "When you're away from home do you f\*\*k other women?" What a stupid question! What's the matter with these people? The other one you get is, "What colour underpants are you wearing?" Good question! What colour underpants are you wearing? Brown. Just in case!

Tracker is in cinemas now and out on DVD on 23 May



SMOKES: B&H Gold DRINKS: Water. "I ain't had a drink for six weeks. I've been very good." SWEAR COUNT (including shoot): Nine f\*\*ks, plus two sh\*ts and a couple of c\*\*ts! ON POSING FOR

really like?

PHOTOS: "You realise you're taking the p\*ss? I'd only do this for Nuts!"







t was in the dead of night that masked men stormed into the crude, run-down shack in rural Colombia.

Cocking their AK-47s, they advanced on the two bleary-eyed travellers inside. They dragged 31-year-old Brit Mark Henderson to his feet, before slamming him down again onto his knees. As the barrel of the gun pressed against his head, his stomach lurched. This was it – this was where he would die.

Through the cloud of panic, he could hear his aggressors screaming threats to kill him on the spot. He believed them. All there was left to do was wait for the click, the flash, and instant death.

# THE NIGHTMARE BEGINS

While travelling around South America, backpacker Mark was sleeping in a hut in the Lost City (a remote ruin in the mountains) when his trip took a terrifying turn.

A noise outside woke him and, after a short silence, the door burst open. Torchlight flashed across the walls.

"My immediate thought was that they were our guides, but it became clear very quickly that they weren't," he recalls. "I was panic stricken."

He was, after all, in lawless rural Colombia, the kidnap capital of the world.

"Paramilitares!" was one of the few words Mark recognised from the six heavily-armed figures who had charged the door.

"They were shouting at us, saying that two people had been killed on the path we'd walked on, and they were here to take us to safety."

It seemed implausible – Mark knew that protecting tourists wasn't a big concern for the paramilitaries – but with a gun to his back, he wasn't going to argue.

"They led us to the top of the Lost City and lined us up side by side along a ridge. I thought, 'My God, they're going to shoot us!"

But the bullets never came.

# KIDNAPPED IN COLOMBIA!

# BRAVE BRIT RELIVES HOSTAGE ORDEAL

As dawn broke, the soldiers forced the eight travellers deep into the jungle.

"We marched from 5am to around eight o'clock at night, exhausted and terrified," says the Yorkshireman. "We were even further from civilisation, cut off from the world."

While they were marching, fellow Brit Matthew Scott made a desperate bid for freedom, flinging himself off a clifftop, before walking 12 days through the jungle

kidnap were complicated. It later became clear that their captors were members of the National Liberation Army (ELN), a ruthless guerrilla group. The tourists had been targeted and taken hostage in a bid to publicise the group's grievances with the

Colombian government.
For weeks, the group
were marched further into
the jungle. Every day, the
bandits would tell them

they were getting closer to their goal.

"They'd lie

about where
we were, and
where we
were going, to try
to break our spirit."
At night, as they
tried to sleep under
plastic sheets in sub-

zero temperatures, the mental torture continued.

"We'd hear them cocking their guns and moving around - we feared that any moment they would execute us. It was mind games."

As two more months passed, the hostages began to doubt they'd ever see their families again. They were exhausted and malnourished, living off scraps of rice and veg from local farmers.

"We'd walk all day then get a couple of hours sleep at night. And we were starving - sometimes we would get scraps of chicken from a farm, but it was unusual," explains Mark.



However, he recalls one highlight from the torturous ordeal. "One night, the guards caught a rat. It was a huge creature, enough to feed the group – probably the best thing I've ever tasted!"

# FREEDOM AT LAST

At his lowest ebb, Henderson believed he would never make it out of the jungle, fearing he'd be a political prisoner until his captors deemed him of too little value to keep, or too great a value to release. He could see nothing in his future but starvation or execution. He finally broke down, confessing his fears to a fellow hostage.

"He put his arm around me and told me we'd soon be released. It was strange, as he'd been the most negative of all of us!"

Incredibly, just one hour later, despair turned to elation, as the guerrilla commander broke the news – they were to be released in just a few days. Henderson later learned that during his captivity, the Catholic Church had been negotiating their release.

And so, 101 days after he was snatched, and just three days before Christmas, Henderson stood on a high peak in the Sierra Nevada mountains and scanned the horizon for signs of the ultimate gift from abovethe promised military helicopters. It seemed like an eternity but, a few minutes later, a low, distant whir grew into a roar as the choppers rose into view, and the freedom that had seemed impossible just a few days before became a reality.

Mark Henderson's film My Kidnapper is available on DVD and iTunes

# MIND GAMES

to safety.

Just 24 hours after they'd been kidnapped, the group woke in the first of many hastily built camps, which amounted to little more than plastic sheets hung in trees.

"They were particularly wary of me," admits Mark, "because I'd been talking to Matt before he escaped. They didn't let me out of their sight."

As they pushed deeper into the jungle, Henderson spoke to his guard in Spanish.

"I wanted to humanise myself," he says. "I thought if they got to know me they'd be less likely to harm me."

He asked the guard why they were there.

"He turned on me, looked me in the eye and said, 'Plata o plomo,' meaning 'silver or lead' – money or a bullet."

In fact, the reasons for the



# TYS HOTTEST REALLITY STARS STARS





# HOTTEST REALITY TV STARS

i Sam and Billie! In a recent episode of the show, Sam, you gave Amy's boobs a bit of a grope. Do you do that often? Sam: All the time! She always goes to me, "Mmm, boobs!" Have either of you groped any famous boobs?

Sam: I've groped other glamour girls' boobs, obviously... who else's have I groped? Billie's!

Billie: All the time.

Sam: They're five times the size of mine, so I grab them as a joke and say, "I wish I could have some like that!"

You've opened a clothes shop. Is this to grope ladies' boobs? Sam: Men wouldn't get away with it. A man wouldn't be able to help a girl style herself anyway. Unless he was gay!

Straight guys can be very well dressed. Look at us!

Sam: But not helping a girl sort out her bra and stuff. He'll just get a boner or something!

Is the store open yet?

Sam: It opened on 23 April. We have to be wary of people just coming in because of the show which is lovely because we love our fans, but at the end of the day, it's a business. But we're going to autograph the first 500 bags as a giveaway.

Billie, how come it took so long to get you on the show?

Billie: There wasn't much of a storyline, but now we've got the shop. I was working full time -I didn't want to give up my job. Do you like similar blokes? Sam: All my boyfriends have been different but what I want is a bit of a bad boy but generous and caring. That's my perfect boy, but I've never had one. Billie: I go for boys who aren't flash but aren't scared to spend their money. No one that's tight. What's the most expensive gift

a man's ever bought you?

Sam: A Cartier watch! Billie: A holiday to Dubai – that

was four grand!

Would you date a northerner? Sam: I'd date a Scouser.

When you go out do you act as each other's wing ladies?

Billie: No! We're too cool! Sam: Maybe we'll give them

a little look and make sure they







Do you go out on the pull a lot? Sam: We used to compete, see who could kiss the most boys. But we were under 18! I was really picky, so I'd always lose! Do you share clothes? Billie: That's what most of our arguments are about! Sam: Billie's got a lot bigger boobs so she has to be careful! What's the worst argument you've had? Billie: Do you remember when you chucked my shoes out the car? She walked out the house in these new shoes of mine, and I went mad and she jumped in the car. I was shouting, "Get them off!" She was driving,

and wound down the window and chucked them out! Nice! Has either of you ever caught the other being rude? Sam: I've seen her snogging but that's it. Billie never knocks, though, she just barges in. I never go in her room when she has someone round, but she's like "bang!" and just walks in. She's lucky I'm never up to anything too naughty!



























# Man Utd Vs Che The two skippers talk to Nuts ahead of Sunday's monster clash!

STRONG AT THE BACK, EVERY WEEK!

**Premier League** trophy? An honour. This club has history. You can feel it every time you pull on the shirt. I love playing for United and I want to finish my career here, so to win as captain would be a dream.

Were you surprised to be given the captaincy? No. Happy? Yes! It was a huge responsibility because great players have become captain here. I think it's helped my game. I go out to do the best for my team but the armband makes you give more.

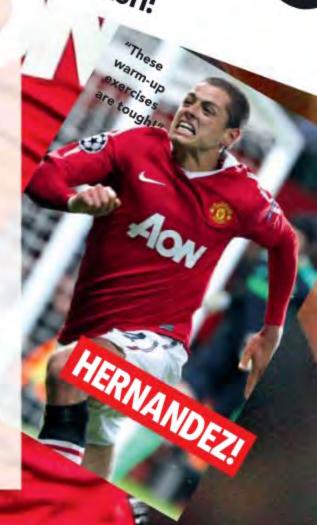
What kind of captain are you? I don't shout or scream. I lead by example. As captain you must earn your place. It's a responsibility, but not one that

You've got experienced heads around you like Giggs, Scholes and Ferdinand... They act like captains. These

players give 100 per cent every week over 50 or so games, over many years. You have to be impressed. They're an

inspiration to everyone. And youngsters like Rafael, Hernandez and Smalling are breaking through. There's great quality here. Chris has done very well for such a young man. To play the games he has at his age is excellent. Hernandez has been an incredible signing. He has a maturity and, of course, an eye for goals. His partnership with Rooney has been one of the highlights of the season.

He's the best striker in the world. It's no accident we've played better as a team in the second half of the season -Wayne really upped his game. How much did losing to Man City in the FA Cup hurt you? Losing in a semi-final always hurts, but to lose to our rivals made it worse. We didn't play well enough. The best teams respond positively to black days and this is a top team. Will you respond by winning the Double? This has been our priority and it's a definite possibility. We always get stronger as the season goes on. If I was able to achieve the Double as captain, I would be honoured beyond anything else in my career!







up between Real Madrid and Barcelona was memorable for many things - Lionel Messi's wonder goal and the frankly shocking behaviour of a lot of the players to name a couple, but what I noticed above all was the frustration of the great Jose Mourinho as he realised that his tactics were all wrong. His gamble aimed at beating the

Jose sent out a team at home with no strikers" two legs backfired badly.

Mourinho's night simply went from bad to worse and, as soon as his midfield enforcer Pepe got his marching orders (harshly, in my opinion), Barca always looked like they were going to win the game.

Real Madrid fans will be reflecting on the fact that their manager sent out a team at home without any strikers whatsoever, and as a result they made no chances against the Catalan side, and never even looked like scoring. Mourinho, for some reason, went looking for a 0-0 result against the best

sadly for him, his luck ran out.

He immediately launched an attack on Uefa after the game, accusing them of favouring Barcelona, but really that comes across as little more than sour grapes. The possession statistics showed just how dominant Pep Guardiola's side were, and after Mourinho had wound up the Barca coach in the days leading up to the game a lot of people will think he got his just deserts.

The game was played in an abysmal spirit, as now seems to be the norm in El Clasicos a real shame when you consider watched games. It was hardly an advert for the Champions League, or Spanish football.

Thankfully, we had the genius of Lionel Messi to make up for the pettiness. If there were any doubts that the little Argentine should now be regarded as the greatest player since Maradona and Pele, they were erased as he waltzed through the Madrid defence to make it 2-0.

The man is the best player on the planet by some distance, and I'd go so far as to say he's the best I've ever seen. Jose Mourinho could've done with him last week, that's for sure!





# MAN UNITED VS SCHALKE Wednesday 4 May, 7.45pm, ITV1/HD

Kammy says: "The first leg at Schalke was the most onesided match I've seen for a long time. The Germans seemed terrified and didn't go for it at all. But this leg will be different - Schalke will have no choice but to attack. But once United score, I think the tie's over. Rooney and Hernandez are now one of the best strike partnerships in Europe, and if one doesn't score, the other will. So, for me, it's a United vs Barca final - as I predicted in Nuts when the quarter-final draw was made!"

## **KEY PLAYERS**



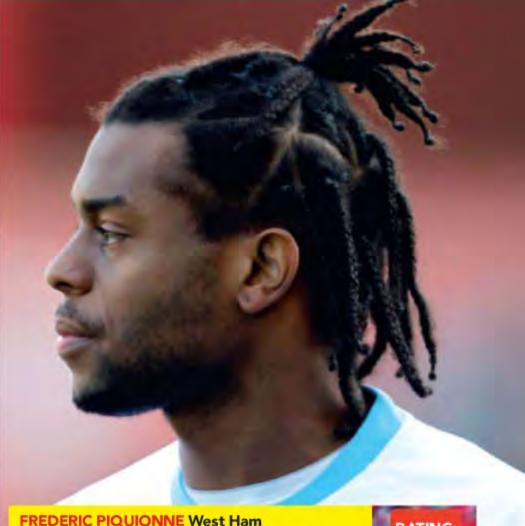


# Football's dodgiest Football's most horrendous hairdos rated!









## FREDERIC PIQUIONNE West Ham

"I actually reckon this is alright. it's got quite a tribal feel to it. I used to have hair a bit like this, actually - maybe that's why I think it's OK! On reflection, though, it is slightly girly!"

barnets!



ootballers never learn. Week in, week out, they ask the barber for haircuts you'd have to be drunk to even dream of sporting! To celebrate the Nuts Football Awards 2011, we asked top celebrity stylist Michael Douglas to rate the worst offenders...

Win a PS3 or HDTV!

Hurry! Get yourself over to www.nuts.co.uk/football/ votingaward and vote for your favourites in all the Nuts Football Awards categories, and you might just end up with a top prize like a PS3 or an HDTV!

## **ALEX SONG Arsenal**

"He's making a decent enough statement by going with the dyed-blond look, but nobody should ever dye their beard. If he's going to do that, then he should do his eyebrows as well!"

RATING:

## JONAS GUTIERREZ Newcastle

"The half-bandana thing he's got going on is just shocking, and it makes his hair flick out at the sides. He should either have a straight ponytail or cut it short. The beard might work better then."

RATING:

# Nuts GAMBLING MASTERCLASS!

We poured this advice into a *Nuts* man's head and sent him online to try to win!

# Deal or No Deal top tips!

eal or No Deal is a game enjoyed just by those who believe in a "system", right? Well, the TV game show might be, but the multi-line slot isn't!

For as little as 5p a go, you can win big – and if you're willing to play on all lines, you could win a progressive jackpot. In fact, one winner walked off with £1.96m!

And best of all? You can win big money in the comfort of your own home!

## HOW TO PLAY

- The aim is to get winning symbol combinations from a spin of the reels, with the ultimate aim being to win the progressive jackpot.
- You can gamble up to 20p on each of the 20 pay lines. That's up to 20 chances to win on each play!
- The progressive jackpot can only be won on the Deal or No Deal bonus game, but there are also two other fun bonus games called Banker's Offer and Mystery Box Bonus, where you can win cash.

## THE NUMBER LINES

It's all self-explanatory – click the number beside the reels, or the "Bet One" or "Bet Max" button. Choose Bet Max for the chance to play the bonus game and win the biggest jackpots!

## **BONUS GAME**

If you're betting on all 20 pay lines and you get three Deal or No Deal bonus symbols on any pay line, the bonus game begins. This is much like the Deal Or No Deal TV show, only the big progressive jackpot is at stake here. Don't be too greedy or, like us, you could end up with £8 instead of £100!

# He won big!

David R won £58,236 on Deal or No Deal!\*\*

"I was so shocked,
I took the day
off work. It's so
hard to believe
this is all real!"



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gambleaware.co.uk



# FOOTBALLERS' CARSI It's what your turnstile money pays for!

# Cristiano Ronaldo's Maserati!

Ronnie's rollin' in a convertible!

ny self-respecting world class footballer needs a snazzy motor to be seen in. Cristiano Ronaldo's had his fair share, and his latest is this Maserati Grancabrio, the convertible version of the Italian company's Granturismo coupé. This black beauty manages to make Ronnie look pretty cool off the pitch. To see him being cool on it, go to nuts.co.uk/football to see him playing passes to his Real Madrid team-mates with his back. It's awesome!

O.GO INSTASEE

TIM BRADLEY PHOTOS: BARCROFT MEDIA, XPOSUREPHOTOS.COM, GETTY IMAGES

# The stats!

- 0-60: 5.4 seconds
- Top Speed: 175mph
- Max Power: 434bhp
- 4.7-litre V8 engine
- If you're ever daft enough to roll it, protective bars burst through the hood cover in 190 milliseconds to stop you smashing your noggin to a pulp!

"Sorry, I don't do hitchhikers"

£98,000

Look, mum! One-handed!







hat was your first car? An A112 Fiat it was a very small car, and that was many, many years ago.

What's the last music that you bought? I love Italian artists, the last I bought was [singer/songwriter] Renato Zero.

What's your favourite television programme? Coronation Street.

If someone made a film of your life, which actor would you like to play you? I love James Bond and, if it was possible, I would like it to be 007. Any actor who played 007 would be good. [Nuts is pretty sure we have Daniel Craig's phone number somewhere...] If you had to sing a song at karaoke what would it be? It would have to be some

Italian music!

What's the nicest place you have ever visited? I have visited many nice places. In the world, there are so many nice places but if I have to pick one I would say Italy.

Have you ever been mistaken for somebody else who's also famous? Yes. When I was playing people used to mistake me for Milan's Paolo Maldini, because our names are alike and we both had long hair! If you could have dinner with any three people, dead or alive, who would they be? One would be my president at UC Sampdoria, Paolo Mantovani, then the Pope and Sheikh Mansour.

Visit the Dugout every week at www.yahoo.co.uk/dugout for new interviews with England's top football managers

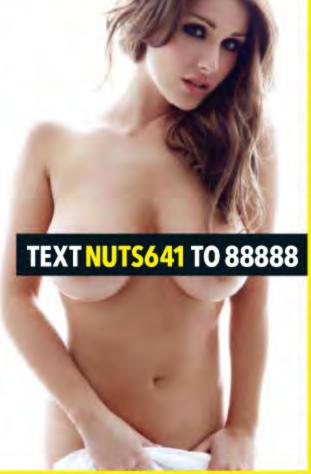


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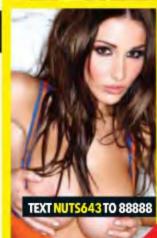
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# QUOTE ME ON THAT!

This week's biggest match debaters!



"The everdependable **Richard Dunne** has made mistakes"

So not that dependable



Charlie Nicholas can't say "brainless". "I'm not as green as I'm cabbagelooking"

"A lot of teams are getting beat by six every week. But if they played like Arsenal, it would be every week"
Paul Merson beats himself.



Chelsea striker has a point.

"Arsenal haven't had any chances. But to be fair, they've created a few"

"Colonel Gaddafi is a man I've always admired"





"My mum taught me everything I know"

Joe Hart's mum must be a decent stopper.

missing

in Torres

head"

# 'OO-ER SOUNDS A BIT RUDE' CORNER!

'The manager let me go down"

Robbie Fowler

"Ashley Young sees a picture and comes inside"

It's football, not porn, Glenn!

"The lads used to call me gobbler"

Ex-pro Dominic Matteo mouths off again.



"Balotelli can be just as bad as Bellamy - only worse"

Phil Thompson can't make his mind up.





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gambleaware.co.uk



# BEDROOM BABES!

Vote for your favourite - and she'll star in Nuts!

Vote for your favourite at www.nuts.co.uk/girls

Ladies, send us your pictures! Send your photos to Real Girls UK, *Nuts*, 9th Floor, IPC Inspire, the Blue Fin Building, 110 Southwark Street, London SE1 0SU. Or email <a href="mailto:nutsgirls@ipcmedia.com">nutsgirls@ipcmedia.com</a>. You must be at least 18 years old.

ONLY IN



Vote now to see more of your favourite girl!

The winner gets her own Bedroom Babes shoot in a future issue of Nuts! Choose the girl you think is the hottest, go to www.nuts.co.uk/girls, click on the "Bedroom Babes" bit and vote for her. It's as simple as that!

# REAL GIRLS, REAL PLACES!

Ladies, would you like Nuts to hang out with you for the day? Email a photo and a bit of info about yourself to nutsgirls@ipcmedia.com or write to Real Girls UK at the address on page 72. You must be at least 18 years old. THIS WEEK: Name: Rachel Age: 22 Boobs: 32C. "I wish they were a bit bigger!" Likes: "Funny boys!"

> Ever kissed a girl? "All the time!" Strangest place you've had sex? "In a cinema!"

> > welcome to Merstham

Sex tip: "Tie me up!"

# Rachel's guide to Merstham

We're in Surrey to meet another lovely lady!

# Please drive carefully HELLO! Rachel on... sleeping!

"I always wake up early, I never lie in - I'm too busy! I hog the bed, I like to spread out but if I get into bed with you, I like a bit of a cuddle!"



# Rachel on... her home!

"I live in Surrey. There's a lot of countryside and there are lots of nice pubs and country restaurants, but I prefer to head into London to party!"

# Rachel on... her clothes!

"I spend a lot of money on clothes. I spend loads on bags and can't go in a shop without coming out with £100 worth of underwear!"



Rachel on... dressing up!

"I love dressing up! I've got a nurse's outfit, French maid... every outfit you can imagine! There's more to take off, too! Role-playing is fun!"

# Rachel on... her diet!

"I like sweets! Some days I'll eat six meals and the next, none! I don't exercise, apart from sex, and I'm not doing much of that at the moment!"

# Rachel on... getting ready! "I'm well practised. It only

"I'm well practised. It only takes me about 45 minutes. Some girls take ages, but I don't know why. What are they doing in there? Ha-ha!"

# Rachel on... her undies!

"I love thongs and it's got to be matching. I wouldn't go out of the house if not. What if I meet the man of my dreams wearing unattractive pants?"

> "I love dressing up. Roleplaying is fun!"

# Rachel on... her roots!

"I'm actually from the Wirral so I'm a proud Scouser! There's more going on in London but I still like to go home to say hello to people!"

# Rachel on... her boobs!

"I'm a 32C. I wish they were bigger! I like to show them off in low-cut tops. Girls always want to feel them so I let them – if I can have a feel back!" **Nuts PROMOTION** 

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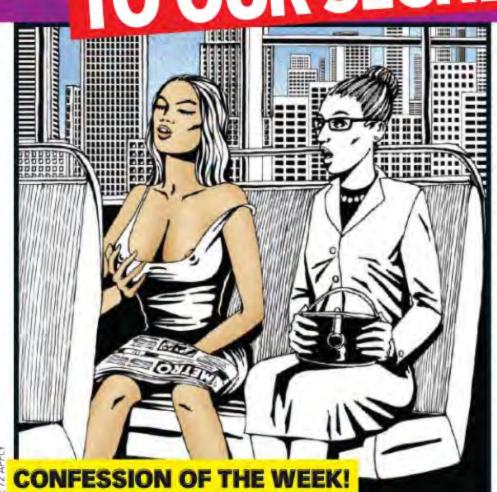


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# 100% STORIES TO OUR SECRETARY!

IT'S LOU!



'I came on the bus'

Getting the bus to work most days, I discovered that wearing a tight thong gave my clit a little rub as we bumped along the London streets. One morning, feeling particularly horny after a night with my hot boyfriend, I put on my tiniest thong and pulled it up really tight. That day, I wanted the vibrations from the bus to make me come - using my fingers to aid the process, if I had to! The bus wasn't full and I had a seat at the back over the wheel. After a few stops, a prim-looking businesswoman got on next to me but I was so far gone that I couldn't stop myself, so I used a newspaper to hide what I was doing! As I felt myself come, it was almost impossible to stay quiet!

Amanda, East London

'He pleasured me deeply'

I've just returned from my parents' place in Spain. It's quite remote and the village was quiet. One day, I went down

to the local beach, which was virtually deserted. It was piping hot so I stripped down to my bikini bottoms, applied some lotion and enjoyed the sunshine. A guy kept running up and down the beach and we made

eye contact. After a while he ran up and started chatting, eyes on my brown boobs. I asked him if he'd rub cream onto my back a cheesy line, but it worked! His hands rubbed my shoulders then moved up, rubbing the back of my neck. I was turned on, so when his hands moved lower, I wiggled and parted my legs. He got the hint and after massaging my bum, moved his hand between my thighs. After rubbing my clit through my swimsuit, he managed to get his fingers inside and pleasured me deeply. I came after about a minute and had to bury my head in my towel to hide my moans!

Kate, by email

'He licked me slowly in circles'

I love going commando - it makes me feel sexy wearing a short skirt and feeling the breeze around my bum. After some sexy dancing one night in a club, I pulled a hot guy and we spent most of the night snogging. He invited me back to his and was surprised to find I was completely shaved as his hands wandered. He sunk to his knees quickly as I leant against his hallway wall. Lifting one leg, he started licking me slowly in circles. His pressure and speed increased, driving me wild. He then pushed two fingers inside me and soon I felt the flush of orgasm through me. My legs turned to jelly so he picked me up and carried me to his bed.

He proceeded to give me the best sex of my life and the next morning, I wanted more! Then, on the way home, the wind blew my skirt up and I accidentally flashed an old bloke!

Natasha, Bristol

# 'I was in filthy talk overdrive

My boyfriend and I went to Southend by train last week. It was early when we left and the train was almost empty. After 20 minutes, I was bored and starting kissing my fella's neck. After a while I was gagging for it and decided to have some fun. I started to run my fingers up and down his thigh and whisper what I wanted to do to him. I was soon in filthy talk overdrive and he was excited, so I put his coat over his crotch, unzipped his jeans and massaged his balls and penis. He started groaning in my ear, telling me he was about to come. I didn't want him to have messy jeans, so checking no one could see, I finished him off with my mouth!

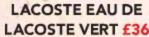
Sal, Romford

# Win **£50!**

Ladies, send your raunchiest confessions to louise prior@ ipcmedia.com or to the address on page 72. The best one each week\* wins £50! Come on, girls!

# Nuts FASHION

Serious scents to keep you smelling sweet!



Our fave of the new Lacoste scents smells super-fresh! JEAN PAUL GAULTIER LE MALE SUMMER £36

With mint and vanilla, this is sweet but fresh.

# Summer smells

FOR SUMMER £35

Here's a sneaky preview as this magic ball of scent isn't out until 1 June!

PAUL SMITH
OPTIMISTIC £34
The perfect delly pong!

LACOSTE BLANC £36

A brilliant scent, one of three in a new range.

STOCKISTS: EMPORIO ARMANI, ISSEY MIYAKE & BOSS: WWW.THEPERFLIMESHOP.COM. JEAN PAUL GAULTIER & PAUL SMITH: WWW.BOOTS.CO.UK. CALVIN KLEIN & BURBERRY: WWW.ESCENTUIAL.COM. LACOSTE





# SECTION 8: PREJUDICE XBOX LIV



Fair enough, it may be a downloadonly shooter, but

it's still well worth occupying a slice of your bandwidth. Once you've piled through the OK but slightly clichéd single player mode you get to the meat – a totally fresh and challenging online bunfight that's not afraid to take a few risks along the way. What's to like? Well, there's the sprinting, jetpacks and its impressively broad customisation. And it's all available for the price of Call Of Duty maps. Cool! \*\*\*



PLANTS VS ZOMBIES DS



One of the most addictive tower defence games lands on the DS. Stick plants in the

ground to kill zombies. Silly and brilliant. No 3D, though. \*\*\*



CABELA'S DANGEROUS HUNTS 2011 PS3, WII, XBOX 360



Based on a US huntin'/shootin'/ fishin' gear brand. Comes with a rifle so you can shoot critters

like a backwoodsman. You bring the inbreeding! \*\*\*

# APPS!



ASTON MARTIN EXPLORE
IPHONE, IPOD TOUCH, IPAD



You may never get to own an Aston Martin, but you can get a feel for it with

news, videos and even sounds of the engines. Classy, just like the car itself. \*\*\*\*

#### ZAPD IPHONE, IPOD TOUCH, IPAD



Have you ever wanted to create your own website in a matter of

seconds using just your phone, and for free? Well now you can. With this! ★★★★

# DVDS/BLU-RAY!



# THE GREEN HORNET DVD/BLU-RAY CERT 12



Superhero caper from the bloke who brought us Superbad, starring Seth Rogen as a newspaper tycoon who teams up with

a pal to become masked crime-

fighter the Green Hornet. Filled with gags, and loads of explosions, it's hardly a masterpiece, but it doesn't try to be. Christoph Waltz plays the bad guy and Cameron Diaz provides the eye candy. Enjoyable enough, though a little OTT for its own good. \*\*\*

#### ROCK & CHIPS DVD & BLU-RAY CERT



Inbetweener James
Buckley's the young
Del Boy in this box
set of the decent
(but not hilarious)
Only Fools & Horses
prequel. \*\*\*

## RBS SIX NATIONS 2011



What better way to whet the appetite for this year's World Cup than footage of England's first Six Nations win since 2003? \*\*\*

# ARCHER: SEASON ONE



Agreeably rude and funny animation about a big-headed, jet-setting secret agent with a domineering mum. Decent! \*\*\*

# **MUSIC!**



FLEET FOXES
HELPLESSNESS BLUES



Album of the year bar Elbow, the Fleets are firm Nuts faves who make us all

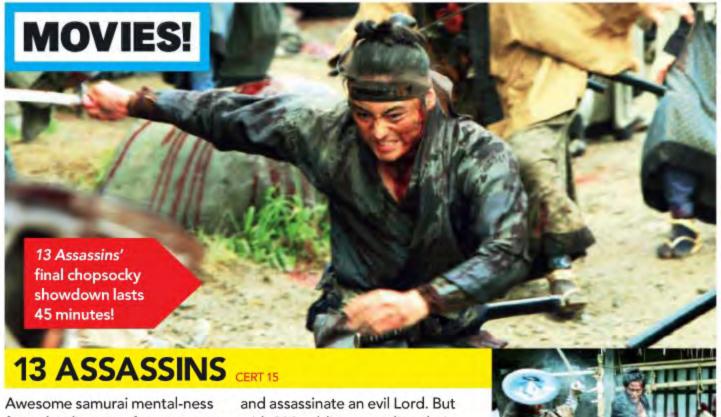
melancholy with their hymnal folk. Yes, folk! ★★★★

## VARIOUS ARTISTS 100% PURE DUBSTEP



Dubstep legend DJ Hatcha throws together a 60-track feast

from the likes of Katy B and The Streets. Yes, sir! \*\*\*



Awesome samurai mental-ness from the director of torture porn psycho classic *Ichi The Killer*. Inspired by true events in 19th-century Japan, where 13 hitmen with nifty sword skills were hired to uphold honour

and assassinate an evil Lord. But with 200 soldiers guarding their prey, it's a suicide mission, so they booby trap a small town, triggering a wave of carnage. Think of it as like *The Expendables* but with blades. Righteous! \*\*\*



INSIDIOUS CERT 12A

The makers of *Paranormal*Activity and Saw's tale of a
haunted boy and his Dad's battle
to save him from spirits. \*\*\*



HANNA CERT 12A

Saorise Ronan (Lovely Bones) is the assassin trained by her dad (Eric Bana) who kicks ass across Europe in a stylish thriller. \*\*\*



# Nutsi

The page with its own seat in the boardroom!

Nuts! 7-DAY TV LISTINGS GUIDE!



2D heaven is back!

South Park Comedy Central, 10pm







# FRIDAY 6 MAY



# **Criminal Minds**

in a body bag -or do they? \*\*\*\*

DRAMA Sky Living, 9pm FBI agent Prentiss is being pursued by lan Doyle - a guy she helped take down. Now it's crunch time, and someone leaves

# **South Park**

COMEDY Comedy Central, 10pm
A new series of those pottymouthed kids, going out two days after US broadcast, so we're unsure what'll happen.

One guess: Royal Wedding. \*\*\*\*

# constipation is killing me"

TODAY'S

**MUST-SEE** 

TV PICKS!

# **Jimmy Carr: Telling** Jokes Channel 4, 10.25pm

COMEDY Jimmy has us in stitches with his takes on religion,

sex and political correctness. \*\*\*

# one

6.00am Breakfast 9.15 Animal 24:7 (R) 10.00 Homes Under the Hammer 11.00 Don't Get Done, Get Dom 11.45 Cash in the Attic 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Escape to the Country 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

# TWO

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.35 The Pink Panther Show (R) 12.00noon Vote 2011 1.00pm Animal Park (R) 2.00 Vote 2011 3.00 Flog It! (R) 3.45 Helicopter Heroes 4.15 Pointless (R) 5.00 Vote 2011 6.00 Eggheads 6.30 Great British Menu

5.30am ITV News 6.00 Daybreak: The day's news. 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 The Alan Titchmarsh Show 4.00 Midsomer Murders (R) 5.00 Britain's Best Dish 6.00 Regional News, Weather 6.30 ITV News

6.10am The Hoobs (R) 7.00 Freshly Squeezed 7.30 Everybody Loves Raymond (R) 8.00 Frasier (R) 8.30 Friends (R) 9.00 Wife Swap USA(R) 9.55 Relocation, Relocation (R) 10.55 A Place by the Sea 12.00noon News 12.05pm Make Do & Mend 12.35 The TV Book Club (R) 1.05 Jamie at Home (R) 1.35 Channel 4 Racing 3.10 Countdown 4.00 Deal or No Deal 5.00 Come Dine with Me (R) 6.00 The Simpsons (R) 6.30 Hollyoaks

7.00 News

7.55 4thought.tv

Home or Away

9.00 The Million

retiring Davina McCall.

**Telling Jokes** 

10.25 Jimmy Carr:

**Pound Drop Live** 

8.00 A Place in the Sun:

A woman who owns loads of critters

searches for a house with at least six

acres of land in Wales and Italy.

Quiz show presented by shy and



6.00am Milkshake! 9.15 The Wright Stuff 11.05 Extreme Fishing with Robson Green (R) 12.05pm Meals in Moments 12.10 5 News Lunchtime 12.20 Law & Order (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 Chinese Food in Minutes (R) 3.10 FIELD Flood: A River's Rampage: Disaster movie starring Richard Thomas. 5.00 5 News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV

7pm The Simpsons (R)

7.30 The Middle Mike bans Axl from playing in a basketball game. (HD)

8.00 The Simpsons Homer goes undercover to win the trust of Fat Tony. (R)(HD)

8.30 Modern Family Mitchell and Cameron seek legal guardians for Lily. (HD)

9.00 Raising Hope The family decide that Burt should have a vasectomy. Cue eye-watering. From us. (HD)

9.30 A League of Their Own Unused footage from the third series. Excellent! (HD)

10.30 Spartacus: **Blood and Sand** A Thracian warrior is sent to the gladiatorial arena. (R)(HD)

11.45 Ross Kemp Middle East: Gaza

12.45am Ross Kemp Middle East: Israel Hard-hitting docu.(R)(HD)

#### 7.00 5 News at 7

7.30 Fifth Gear

How to tackle the Nurburgring race track. How about close your eyes, scream and hope for the best?

8.00 Ice Road Truckers The drivers are forced to team up for safety reasons.

9.00 The Mentalist The owner of a dating website is murdered, leaving Jane certain the victim's wife is to blame.

10.00 Law & Order A university student is shot dead.

## 10.55 The Walking Dead

More zombie-dodging aceness as Rick discovers Merle is not where

11.55 Cops in Crisis Harrowing tales of survival told by the boys in blue. (R)

#### 7.00 The One Show Topical twaddle.

8.00 EastEnders Jack feels miserable. Him and everyone else in the cast, then.

#### 8.30 A Question of Sport With Gabby Logan, Pat Richards, Geraint Thomas and Steve Parry. (R)

9.00 Have I Got

#### News for You Alexander Armstrong hosts.

9.30 Outnumbered Gran takes the family out for a day of sightseeing in London. (R)

#### 10.00 News, Weather

10.40 The Graham Norton Show Camp comedy talk show.

#### 11.25 The National Lottery Friday Night Draws

11.35 The One Show Blimey, this again? (R)

#### 12.35am Assault on Precinct 13

An LA police station is besieged by street gangs, forcing cops and prisoners to work together to survive. Darwin Joston stars.

7.00 Railway Walks Julia Bradbury visits a disused railway in Comwall, and organises an impromptu rave. Maybe. (R)

#### 7.30 Verdict on 7/7: A Newsnight Special

Jeremy Paxman reports on the inquests into the terrorist attacks.

#### 8.00 Petworth House -The Big Spring Clean

MEW A big house gets spruced up. Not for us, really.

#### 8.30 Gardeners' World Watching grass growing - literally.

9.00 Monty Don's **Italian Gardens** More of the above.

#### 10.00 Frank Skinner's Opinionated

With Lee Mack, Ace! (R)

# 10.30 Newsnight

#### 11.35 Later with Jools Holland

Adele, R Kelly and Californian band Young the Giant do songs

12.35am Lawn Dogs Offbeat drama starring Sam Rockwell and Mischa Barton.

# 7.00 Emmerdale

Jackson goes through with the skydive, and promptly lands headfirst into a giant cowpat. Here's hoping, anyway.

# 7.30 Coronation Street

More terraced house traumas.

#### 8.00 Baboons with Bill Bailey The Smitz troop raids fishermen's

catches. The pesky monkeys.

#### 8.30 Coronation Street More moans in Manchester.

9.00 Paul O'Grady Live James Corden and Ross Kemp drop in for a chat. Decent guests, at least!

#### 10.00 ITV News, Weather

10.35 The Cube A skateboarding coach take up the box-based challenge. (R)

11.35 Take Me Out A firefighter and a drummer take

12.30am The Zone

part in the dating game. (R)

tures feet. The comedian's set at the Bloomsbury Theatre in London. (R)

#### 11.25 The Ricky **Gervais Show**

Karl Pilkington questions the necessity of vacuum cleaners and toasters. Hilarious, as ever.

#### 12.00m't Music on 4: **Fight for Your Right** Revisited

Spoof starring Elijah Wood.

#### 12.30am Chase & Status: Live in London A performance by the duo. (R)

12.55 My Name Is Earl A sentimental Earl takes a trip down memory lane. (R)

## he left him. (R)

12.15am SuperCasino

# FRIDAY'S SPORT

10.30am Rigby League, Sky Sports 1, 10.30am Golf, Sky Sports 2. 11.30am Australian Rules Football, ESPN, 1,35pm Racing Channel 4. 3.30pm Golf. Sky Sports 2. 4.30pm Cricket Sky Sports 1. 5pm Basketball, ESPN.

#### 2.05 Sign Zone: The Hairy Bikers: Mums Know Best: Recipes and things. (R) 3.05 Countryfile (R) 4.05 Great British Railway Journeys (R) 4.35-6.00am BBC News

2.15-4.35am BBC News

2.30 In Plain Sight: Drama. (R) 3.15-5.30am ITV Nightscreen 1.20 My Name Is Earl (R) 1.40 Freaky (R) 2.05 Undressing My Mother (R) 2.15 Farewell Packets of 10 (R) 2.20 Brain Damage (R) 2.25-3.10am Ugly Betty (R)

4.05 Motorsport Mundial 4.30 Fifth Gear (R) 4.55 County Secrets(R) 5.10 Wildlife SOS(R) 5.35-6.00am House Doctor(R)

# NutsTV

# 7 MAY SATURDAY



# Spurs vs Blackpool

SPORT ESPN, 5pm Both clubs have thrilled us with attacking footy and have thoroughly likeable managers, but we're rooting for Blackpool, who are in danger of the drop. No! \*\*\*\*



# Doctor Who BBC1/HD, 6.15pm

DRAMA The perils of time travel loom for the Doctor yet again (he'll never learn) as the Tardis gets marooned on a 17th-century pirate ship whose crew is being attacked by a mysterious sea creature. ★★★



# **Pacquiao vs Mosley**

SPORT Sky Sports 1/HD, 2am
Fearsome Filipino face-puncher

Manny Pacquiao faces Californian Shane Mosley (who hasn't won a fight in two years) for the WBO welterweight title! \*\*\*\*

# one

6.00am Breakfast 10.00 Saturday Kitchen Live 11.30 Football Focus 12.10pm BBC News, Regional News, Weather 12.30 LIVE Match of the Day: A Championship match from the last day of the season, kick-off 12.45pm. 3.00 IIVE Challenge Cup Rugby League: Leeds Rhinos vs Crusaders at Headingley, kick-off 3.15pm. 4.00 SPORT Final Score 5.10 BBC News, Regional News, Weather 5.35 Don't Scare the Hare 6.15 Countril Doctor Who

# TWO

6.00am CBeebies 7.00 CBBC 11.00 Ever Formula 1: The Turkish Grand Prix - Qualifying: The session at Istanbul Park. Start-time 12noon. 1.30pm The Sky at Night (R) 1.50 Diagnosis Murder (R) 2.35 FILM Legend: Fantasy adventure starring Tom Cruise. 4.00 LVI Challenge Cup Rugby League: Leeds Rhinos vs Crusaders. 5.30 Flog It! (R) 6.00 Carry On at Your Convenience: Comedy starring Sidney James.

5.30am ITV News 6.00 CITV 8.25 House Gift (R) 9.25 Coronation Street 12.10pm This Morning: Saturday 1.10 ITV News, Weather 1.15 Monk 2.10 Totally You've Been Framed! (R) 3.10 FEM The Man with the Golden Gun: James Bond adventure starring Roger Moore. 5.30 Regional News, Weather 5.45 ITV News 6.00 New People Do the Funniest Things

6.00am The Treade People (R) 6.10 The Hoobs (R) 7.00 SHORT British GT Championship 7.25 SPORT The Grid 7.55 The Morning Line 8.50 T4: Friends (R) 9.20 Koko Pop 9.50 Friends (R) 10.25 Glee 11.20 Great British Hairdresser 12.25pm The Big Bang Theory (R) 1.20 SPDRT That Paralympic Show 1.55 WE Channel 4 Racing: Place your bets, etc. 3.55 Come Dine with Me Down Under 6.30 News 6.55 4thought.tv



6.00am Milkshake! 10.00 Meals in Moments (R) 10.10 How Do They Do It?(R) 10.40 The Gadget Show(R) 11.40 TILM Ben-Hur: Spectacular multi-Oscar-winning epic starring Charlton Heston, 3.50pm TEM The Train Robbers: Western starring John Wayne and Ann-Margret. 5.35 FILM The Green Berets: Gung-ho Vietnam War drama starring John Wayne.

7pm The Simpsons Homer wins a role on The Itchy & Scratchy Show. (R)

7.30 The Simpsons Bartand Lisa co-host a kids' news programme. (R)

8.00 Road Wars Chris and Simon deal with a violent suspect. (R)

#### 9.00 The Naked Gun 33 1/3: The Final Insult

Spoof comedy sequel starring Leslie Nielsen and Priscilla Presley. (HD)

#### 10.50 Brit Cops: Frontline Crime UK

A house used as a cannabis factory, maaan. (R)

11.50 Road Wars A car loaded with drugs is pulled over. (R)(HD)

12.50am Road Wars More bother on the roads. (R)

#### 7.00 So You Think You Can Dance Live

Rhumba-related rubbish.

#### 8.05 The National Lottery: Who Dares Wins

Strangers pair up to win money. Speaking of winning money, £10 could soon be yours!

#### 8.55 So You Think You Can Dance

Well, some people on here can't it's time for a couple more contestants to get the shove.

9.25 Casualty Limb-busting antics.

10.15 News, Weather

#### 10.35 Match of the Day

SPORT Highlights of today's games, including Spurs vs Blackpool and West Ham vs Blackburn.

#### 11.55 The Football League Show

SPORT Action from the final weekend of the season in the lower leagues. Business end, and all that.

### 7.30 Dad's Army

Don't panic, don't panic... do find something else to watch though. (R)

#### 8.00 Versailles: The Dream of a King

Docu-drama thingy. (R)

#### 9.00 Have I Got a Bit More News for You

Guest host Alexander Armstrong chairs an extended version, with panellists including frizzy-haired Geordie comic Ross Noble. (R)

#### 9.45 Hattie

Drama starring Ruth Jones about Carry On actress Hattie Jacques.

#### 11.10 This Is Your Life More about that Carry On actress.

#### 11.40 Later with **Jools Holland**

With Adele, R Kelly and Californian five-piece Young the Giant. (R)

#### 12.45-2.15am Swimming with Sharks

Black comedy starring Kevin Spacey and Frank Whaley.

#### 7.00 Sing if You Can

Well we can't, so we won't.

#### 8.00 Britain's Got Talent Ant and Dechost the latest round of

auditions. Top laughs guaranteed!

#### 9.00 Piers Morgan's Life Stories: David Hasselhoff

Britain's Got Talent judge The Hoff speaks to the, er, the former Britain's Got Talent judge about his life.

9.00 The Million

#### 10.00 ITV News, Weather

10.15 Magnum Force

IIIM Inspector Harry Callahan investigates a wave of underworld killings in San Francisco. Clint Eastwood and David Soul are in it.

# 7.00 River Cottage

**Autumn Collection** 

Tim attempts to convert Hugh into a cauliflower enthusiast. Come on, Hugh! Get with it, man! (R)

#### 8.00 The Untold Battle of Trafalgar

Docu having a look at the role of foreign sailors in the Royal Navy during the Battle of Trafalgar. (R)

# **Pound Drop Live**

Quiz show with Davina McCall.

#### 10.20 Stand Up for the Week

Topical stand-introduced by ace Scottish comic Kevin Bridges.

#### 11.10 What Lies Beneath

Awoman begins hearing voices and glimpsing mysterious images. Either she's cracking up, or the house is haunted. Oooh!

#### 8.15 5 News Weekend

#### 8.20 NCIS

Gibbs tries to extract information from a convict on death row about where he hid his victims - but the killer proves reluctant to confess. Why, the awkward so-and-so! (R)

#### 9.15 CSI: Miami

A woman's body is discovered in an underground tunnel. (R)

#### 10.15 CSI: NY

Passengers on a subway carriage witness a fatal shooting.

#### 11.15 CSI: Crime Scene Investigation

Even more evidence that living in America seems really dangerousthere's the slaughter of an entire family in this one! (R)

#### 12.15am SuperCasino

11am Formula 1 Qualifying 88C2 12noon Football, Sky Sports 2 12.30pm Football BBC1 3pm Leeds Rivinos vs Crusaders BRC 1. 5pm MUSI-SIL Spurs to Biorny, Sky Sports 1.

# SUNDAY'S SPORT

11.30am Wolves us West Brom, Sky Sports 1, 12,10pm Formula 1. The Turkish Grand Prix, BBC1. 2pm Stoke vs Arsenal, Sky Sports 1. 2pm intervs Fiorentina, ESPN, 4pm Mustisse Man United us Chebea, Sky Sports 1.

## 1.30-6.00 BBC News

2.30 Swingtown: Drama. (R) 3.15-5.30am ITV Nightscreen

12.25am The Zone

1.35am Atlantic (R) 1.40 No, No, No (R) 1.45 Lucky Escape (R) 1.50 Gone Fishing (R) 2.05 Ugly Betty (R) 2.50 Running in Heels (R) 4.25 Hill Street Blues 5.15-6.00am Countdown (R)

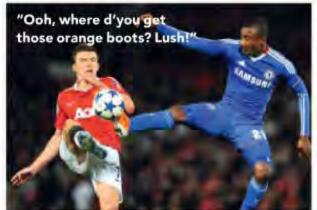
4.00 Animal Rescue Squad (R) 4.10 Nick's Quest (R) 4.35 HouseBusters (R) 5.00 Hana (R) 5.10 Milkshake! (R) 5.35 Thomas & Friends (R) 5.45-6.00am Roary the Racing Car(R)

# SUNDAY 8 MAY



# Formula 1: Turkish Grand Prix BBC1/HD, 12.10pm

SPORT Round four of the F1 season from Istanbul. Who can stop reigning champ Sebastian Vettel? ★★★★



# **Man United vs** Chelsea Sky Sports 1/HD, 3pm

SPORT Interesting! The champs visiting their likely successors! Any chance of the odd tasty tackle? \*\*\*\*



TODAY'S

**MUST-SEE** 

# The Walking Dead

DRAMA Channel 5, 10pm Gory, gripping, top-notch zombie drama as Jim reveals he's been bitten by a walker. That tetanus shot ain't gonna do zip now, buddy! \*\*\*\*

# one

6.00am Breakfast 7.35 Spour Match of the Day (R) 9.00 The Andrew Marr Show 10.00 The Big Questions 11.00 The Politics Show, Weather for the Week Ahead

12.10pm Must Stall Formula 1: The Turkish Grand Prix: The fourth race of the season. Start-time 1pm. 3.25 Escape to the Country 4.25 Life of Riley (R) 4.55 Points of View 5.10 Songs of Praise 5.45 BBC News, Weather 6.10 Land Girls (R)

# TWO

6.00am CBeebies 7.00 CBBC 10.00 Something for the Weekend 11.30 Great British Menu (R) 12.00noon Priceless Antiques Roadshow (R) 12.30pm Britain's Empty Homes (R) 1.00 EastEnders 2.55 Challenge Cup Rugby League: Halifax RLFC vs Bradford Bulls, kick-off 3.15pm. 5.30 The Red Baron: World War One drama.

5.30am ITV News 6.00 CITV 8.25 May the Best House Win (R) 9.25 Dickinson's Real Deal (R) 10.25 Sing if You Can (R) 11.30 This Morning: Sunday 12.30pm Dinner Date (R) 1.30 ITV News, Weather 1.40 ELM Columbo: Prescription Murder. 3.40 Britain's Got Talent (R) 4.40 FILM About a Boy: Comedy drama. 6.30 News, Weather 6.45 ITV News

6.00am The Treade People (R) 6.10 The Hoobs (R) 7.00 Store That Paralympic Show (R) 7.30 Freesports on 4 7.55 T4: The Crush 8.20 Friends (R) 8.50 Hollyoaks 11.20 Being N-Dubz in America and Beyond (R) 11.55 Glee (R) 12.50pm The Simpsons (R) 1.55 Celebrity Coach Trip (R) 4.30 Deal or No Deal 5.30 Time Team 6.30 News 6.55 4thought.tv

7.00 Come Dine with Me

More randoms compete for the title

An amusing look behind the scenes

at a hotel. It's a bit like a real-life,

modern-day Fawlty Towers. Er, if

you're actually familiar with that ...

of best dinner party host while

shovelling down revolting grub.

8.00 The Hotel



7.25 X2

6.00am Milkshake! 10.00 OK! TV Sunday 11.00 Extreme Fishing with Robson Green (R) 12.00noon Ice Road Truckers (R) 1pm The Hotel Inspector (R) 2.00 The King's Speech: Revealed (R) 3.00 Short Circuit 2: Sci-fi comedy sequel. 5.05 5 News Weekend 5.10 FILM Sinbad and the Eye of the Tiger

Always worth a watch, it's more

mutant mayhem with the likes of

Wolverine and co. In this one, the

governement supposedly find a

"cure" for mutants. Quality fun.

10.00 The Walking Dead

must set More brill zombie antics.

Jim reveals he's been bitten by a

walker. Say goodbye, Jim.



7pm The Middle Mike bans Axl from playing in a basketball game. (R)(HD)

7.30 Modern Family Mitchell and Cameron seek guardians for Lily. (R)(HD)

8.00 Raising Hope The family decides Burt should have a vasectomy. (R)(HD)

8.30 The Simpsons Dracula, the Wolf Man, the Mummy and Frankenstein's all pop-up in this ep. (R)(HD)

9.00 Hawaii Five-0 A major wave heads for the islands. Run for the hills! (HD)

10.00 NCIS: Los Angeles Deeks is forced to resume an old alias. (HD)

11.00 House The team treat a recent lottery winner. (R)(HD)

12.00m't Road Wars A member of the public suspected of having a heart attack is assisted. (R)(HD)

#### 7.00 Countryfile

Adam Henson transfers his flock of newborn lambs from the sheds to the fields. Unbelievable scenes!

## 8.00 Antiques Roadshow

It's the old folks' weekly day trip, all filmed for your viewing pleasure.

#### 9.00 Atlantis - End of a World, Birth of a Legend

Drama about the devastating volcanic eruption in 1620 BC, which was a long, long time ago. Too long to care about actually. Avoid!

10.00 News, Weather

#### 10.25 The Gatwick Baby: **Abandoned at Birth**

A 24-year-old man who was left in a toilet at Gatwick Airport as a baby.

#### 11.25 Irresistible

Thriller about a woman who's convinced her husband's work colleague is trying to lure him away. She probably is. The end.

1.05am Sign Zone: MasterChef

(R) 2.05 Holby City (R) 3.05

Churches: How to Read Them.

(R) 3.35-6.00am BBC News

#### 7.10 Richard Hammond's Engineering Connections

The Hamster has a look at design secrets of the world's tallest hotel, the Burj Al Arab in Dubai. Not a bad place for a free holiday, mate!

#### 8.00 Britain's Secret Seas NIW The waters surrounding Britain.

Hang on, isn't this just Coast?

#### 9.00 Lord Sugar Tackles Football

Lord Sugar investigates the financial problems affecting English football. Definitely worth a watch.

#### 10.00 Match of the Day 2

The day's Premier League matches, including Man United vs Chelsea and Stoke vs Arsenal.

#### 11.10 The Shadow Line

A detective investigates the death of a crime lord who was murdered on his release from prison. (R)

## 12.10am Ae Fond Kiss...

#### 7.00 The Cube

More quizzery set in the confines of a large cube. Fair enough.

#### 8.00 Vera

DCI Vera Stanhope sets out to solve another mysterious case. We're finding it very hard to care.

#### 10.00 ITV News, Weather

#### 10.15 Perspectives: Robson Green and the Pitmen Painters

The story of a group of miners who studied art in the '30s.

#### 11.15 Surgery School

A trainee hoping to become a plastic surgeon makes a serious error and attaches an ear to someone's lips! Maybe. (R)

#### 12.15am Premiership **Rugby Union**

SPORT Highlights of matches on the concluding day of the season.

#### 9.00 How to Lose Friends and Alienate People

Rom-comedy starring the evergreat Simon Pegg as a bumbling Brit journalist who's offered his dream job in New York.

# 11.10 Big Momma's

Comedy starring Martin Lawrence as an FBI agent who dons a female old lady fatsuit in order to crack a case. Cue average laughs.

#### Rough Guide to Eco

Eco-friendly breaks in Morocco, Kenya and

1.15 Super Casino 4.00-4.10am Animal Rescue Squad

#### Horror thriller about -wait for it! -yep, a dentist

11.05 The Dentist

who becomes deranged.

# 12.55am Escapes

Nicaragua.(R)

1 Choose your download and text the KEYWORD to 88888

2 Download your product, sit back and enjoy

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Romantic drama. A Muslim falls for a Catholic. Ooh, heck!

#### 1.50-3.35 BBC News

1.00 The Zone 2.00 SPORT British Superbike Championship Highlights 2.55 STURE Motorsport UK

3.45-5.30am ITV Nightscreen

#### 1am Japan Disaster Benefit (R) 1.45 Kontroll 3.45 Civilization: Is the West History?(R) 4.40 Great British Brands (R) 4.55 Wogan's Perfect Recall (R) 5.20-6.05am Countdown

# NutsTV

# 9 MAY MONDAY



# **Game Of Thrones**

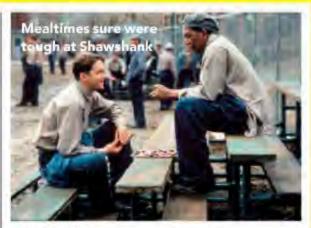
DRAMA Sky Atlantic/HD, 9pm
The great wall has a new

protector in Samwell Tarly. Luckily, he finds an ally in Jon Snow. Daenerys shows her brother who's boss, too. \*\*\*\*



# 28 Weeks Later

FILM Channel 4, 10pm Superlative sequel in which the survivors of the initial outbreak live under military rule. Fine, until a survivor who is immune is found leading to a fresh outbreak... \*\*\*\*



# The Shawshank Redemption ITV1, 10.35pm A banker wrongly convicted of his wife's murder forms an

unlikely friendship. Pure class. ★★★★

# one

6.00am Breakfast 9.15 Missing 2011 10.00 Homes Under the Hammer 11.00 Don't Get Done, Get Dom 11.45 Cash in the Attic 12.15pm MEW Bargain Hunt: From Lewes in East Sussex. 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Escape to the Country (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

#### 7.00 The One Show Topical round-up.

#### 7.30 Saints and Scroungers

Dole queue types.

## 8.00 EastEnders

The Branning brothers have a punch-up. Fight, fight, fight!

#### 8.30 Track My Trash: Panorama

The illegal market in waste.

#### 9.00 Wootton Bassett: The Town that Remembers

The story of the town that has earned a royal title.

10.00 News, Weather

#### 10.35 A Question of Sport

With ex Man United man Gary Pallister and former England cricket bat-swinger Michael Vaughan.

#### 11.05 Late Kick Off

500x1 A round-up of the weekend's Footy League action.

#### 11.35 The Graham Norton Show

With Hugh Laurie. (R)

#### 12.25am Sign Zone: MasterChef(R)

1.25 Sir Bobby Charlton: Football Icon (R) 2.25 A Home for Maisie (R) 3.25 One Man and His Campervan (R) 3.55-6.00am BBC News

# TWO

7.00 Atlantis:

The Evidence -

8.00 Business

with Evan Davis

The Dragons' Den presenter

uncovers business mistakes

of Homer Simpson-esque

9.00 Children's

Craniofacial Surgery

A seven-year-old girl with a skull

The very offensive Frankie Boyle

The presenter explores the design

secrets of the world's tallest hotel,

12.10-4.00am BBC News

the Burj Al Arab in Dubai. (R)

abnormality receives surgery.

10.00 Never Mind

hosts the music quiz. (R)

10.30 Newsnight

11.20 Richard

Hammond's

Engineering

Connections

the Buzzcocks

**Nightmares** 

A Timewatch Special

The latest research regarding the

continent of Atlantis. Someone went

and lost it, apparently. Careless! (R)

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.35 The Pink Panther Show (R) 12.00 noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Diagnosis Murder (R) 1.45 To Buy or Not to Buy (R) 2.15 Real Rescues (R) 3.00 Flog It! (R) 3.30 Put Your Money Where Your Mouth Is (R) 4.30 Pointless (R) 5.15 MEW Show Me the Monet 6.00 Eggheads 6.30 Great British Menu

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 The Alan Titchmarsh Show 4.00 Midsomer Murders: Drama. (R) 5.00 Britain's Best Dish 6.00 Regional News, Weather 6.30 ITV News

7.00 Emmerdale

Aaron and Hazel are distraught to

realise Jackson still wants to die.

So will we, if we sit through this.

7.30 Coronation Street

More drizzle and dreariness.

8.00 The Dales

Real-life Emmendale

6.05am The Hoobs (R) 7.00 Freshly Squeezed 7.25 Everybody Loves Raymond (R) 7.55 Frasier (R) 8.25 Friends (R) 9.00 Wife Swap USA (R) 9.55 Relocation, Relocation (R) 10.55 A Place by the Sea 12.00noon News 12.05pm Make Do & Mend 12.35 EL First Men in the Moon 2.35 Baking Mad with Eric Lanlard 3.10 Countdown 4.00 Deal or No Deal: Banker's Birthday 5.00 Come Dine with Me (R) 6.00 The Simpsons (R) 6.30 Hollyoaks

7.00 News

7.55 4thought.tv

8.00 A Year Inside

The coalition Government's first year

in office. Safe to say this probably

Crinkly chef Gordon Ramsay

journey, this time to learn how to

cook the dishes of south-east Asia,

beginning in Cambodia. Lucky him.

embarks on another culinary

wouldn't make for the most

interesting hour of your life.

9.00 Gordon's

**Great Escape** 

Number 10



6.00am Milkshake! 9.15 The Wright Stuff 11.05 Extreme Fishing with Robson Green (R) 12.05pm Meals in Moments (R) 12.10 5 News Lunchtime 12.20 Law & Order (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 Rough Guide To (R) 3.20 [11] A Stranger's Heart: Romantic drama starring Samantha Mathis. 5.00 5 News at 5 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV

7.00 5 News, Weather

7.30 How Do They Do It?

Including a device that can prevent

wouldn't half lead to some rubbish

a thief's high-speed escape in a

stolen car. Sounds good, but it

8.00 The Gadget Show

performance laptops with gamers.

9.00 The Hotel Inspector

Something About Josie

Reality series following the life

Gibson as she copes with the

of last year's Big Brother winner Josie

pressures of photoshoots, red-carpet

events and magazine interviews.

A B&B in the Lake District with a

really strict set of rules.

10.00 There's

Jason Bradbury tests high-

episodes of Road Wars.



With the guest voices of U2 and Steve Martin. (R) 7.30 The Simpsons Lisa leams she's good at crosswords. At this rate she'll probably learn she's good at Sudoku by about 2043. (R)

#### 8.00 Stargate Universe

Rush is found in a coma in the neural interface chair. (HD)

7pm The Simpsons

#### 9.00 A League of Their Own

Unused footage. (R)(HD)

#### 10.00 Spartacus: **Blood and Sand**

Spartacus struggles to adapt to life in the ludus. (HD)

#### 11.15 **School** of Hard Knocks

Ex-rugby union egg-chasers Will Greenwood and Scott Quinnell try to form a team consisting of ex-prisoners and gang members. (R)(HD)

#### 12.15am Ross Kemp Middle East: Israel

The actor visits Israel. (R)(HD)

#### proportions, including a washing 9.00 Strangeways powder that dissolved clothes.

Day-to-day life at HM Prison Manchester, which currently served more than 1,200 satisfied inmates. Well, apart from the satisfied part.

8.30 Coronation Street

#### 10.00 28 Weeks Later

Mass as Thoroughly conking sequel to 28 Days Later, starring Robert Carlyle and Rose Byrne.

12.00m't The Event Sophia manipulates the traitor.

#### 11.00 Heartbreakers

A mother and daughter con rich bachelors out of a fortune, but their plans are threatened when the daughter falls in love. Yeah, this isn't really aimed at us, we don't think.

10.15am Josephian Roles Football. ESPN: 7.30pm Fulliam is, Liverpool, Sky Sports 1. 7.30pm Elife League Spendoway: Poole Pirates as Coventry Ees, Sky Sports 2, 7,45pm Major League Esselval, ESPM.

# TUESDAY'S SPORT

10.30am Sussex vs Nottinghamshire, Sky Sports 1. 7.30 pm Man City vs Spurs, Sky Sports 1. 7.30pm Rangers vs Dunder United Sky Sports 2. 7.45pm Coppa Italia, ESPN. 12m\*t Major League Baseball, ESPN.

#### 10.35 The Shawshank Redemption

10.00 ITV News, Weather

Lusi see Pretty much the greatest prison drama evermade. Tim Robbins plays a banker wrongly convicted of murder. Superbl

12.55am Poker Action from the Caribbean Adventure Super High Roller event in the Bahamas.

Moments (R) 4.15 Brian Sewell's (R) 5.10 Wildlife SOS (R)

# The Jeremy Kyle Show (R)

1.10am The Zone 3.15 DEFA 1.50 The Last Days of the Raj (R) 3.20 Churchill's Darkest Decision Champions League Weekly: A look back at the semi-final second legs. (R) 4.15 Empire: How Britain Made the Modern World (R) 3.40 ITV Nightscreen 4.35-5.30am 5.10-5.55am Codex(R)

1.15am SuperCasino 4.05 Meals in Grand Tour (R) 4.55 County Secrets 5.35-6.00am House Doctor (R)

# TUESDAY 10 MAY



# Man City vs Spurs Sky Sports 1/HD, 7.30pm Just like last year, this clash

could be crucial in deciding who ends up in the Champions League (yay!) and who gets to "enjoy" its Europa equivalent. ★★★★



# The Apprentice

BBC1/HD, 9pm A new series, a new prize (the winner gets £250K investment in their business idea) and, of course, a brilliant new bunch of berks! The

first task? Flog fruit and veg. Easy! \*\*\*\*

"Your turn to ean the gents!"

TODAY'S

**MUST-SEE** 

TV PICKS!

# Misfits Channel 4, 11.05pm

Arguably the star of the show, Nathan discovers he has a

long-lost, superpowered brother. Also tonight, the gang take ecstasy - turns out, it reverses their powers! \*\*\*\*

# one

6.00am Breakfast 9.15 Missing 2011 10.00 Homes Under the Hammer 11.00 Don't Get Done, Get Dom 11.45 Cash in the Attic 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Escape to the Country (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional

# TWO

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.35 The Pink Panther Show 12.00 noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Diagnosis Murder 1.45 To Buy or Not to Buy (R) 2.15 Real Rescues (R) 3.00 Flog It! (R) 3.30 Put Your Money Where Your Mouth Is 4.30 Pointless (R) 5.15 Show Me the Monet 6.00 Eggheads 6.30 Great British Menu: Chefs do fish dishes.

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 The Alan Titchmarsh Show 4.00 Midsomer Murders (R) 5.00 Britain's Best Dish 6.00 Regional News, Weather 6.30 ITV News

6.20 The Hoobs (R) 7.10 Freshly Squeezed 7.35 Everybody Loves Raymond (R) 8.00 Frasier (R) 8.35 Friends (R) 9.05 Wife Swap USA (R) 10.00 Relocation, Relocation (R) 11.00 A Place by the Sea 12.00noon News 12.05pm Make Do & Mend 12.35 River Cottage Bites (R) 12.40 GRM Journey to the Centre of the Earth 3.10 Countdown 4.00 Deal or No Deal 5.00 Come Dine with Me (R) 6.00 The Simpsons (R) 6.30 Hollyoaks



6.00am Milkshake! 9.15 The Wright Stuff 11.05 Extreme Fishing with Robson Green (R) 12.05pm The Family Recipe (R) 12.10 5 News Lunchtime 12.20 Law & Order (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 Chinese Food in Minutes (R) 3.10 Film Stranger with My Face: Thriller starring Alexz Johnson, 5.00 5 News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV

7.00 5 News at 7

7.30 Highland

the Isle of Lewis. (R)

A man injured in a fall from a cliff on

8.00 Supersize Grime

Docu following specialist clean-

up teams as they tackle things like

sewage systems and tower blocks.

Fascinating, we're sure.

Emergency

7pm The Simpsons Homer climbs Springfield's mountain.(R)

7.30 The Simpsons Homer's jealous when an old classmate's inducted into the Walk of Fame. (R)(HD)

#### 8.00 A Different Breed

People and their pooches. (HD)

#### 9.00 The Naked Gun 33 1/3:

The Final Insult Spoof comedy sequel starring Leslie Nielsen. (HD)

#### 10.50 Brit Cops: Frontline Crime UK

The work of cops in Wales. (R)

11.50 Fringe The team investigate thieves

# 12.50am Ross

who can break the laws of

gravity. (R)(HD)

Kemp on Gangs The actor encounters neo-Nazi football hooligans. (R)(HD)

### 7.00 The One Show

News Programmes, Weather

More topical twaddle. 7.30 EastEnders

Fat Boy starts a petition to keep Mercy in the country. No, we're not making it up - there is somone

8.00 Holby City Hospital hell.

called Fat Boy in this.

#### 9.00 The Apprentice

mustani This episode is brilliant! Sixteen new supposedly savvy business brains compete for a £250,000 investment to start their own business. Cool!

#### 10.00 News, Weather

10.35 See You in Court Legal actions launched by George Galloway and Danielle Lloyd.

11.25 The Lock Up Including an 11-year-old girl arrested for assault. (R)

#### 11.55 Night Watch

Thriller starring Pierce Brosnan and Alexandra Paul as two United Nations agents hunting for a stolen Rembrandt painting. Rubbish!

7.00 Britain's Secret Seas Waters surrounding Britain. (R)

#### 8.00 Britain's Next **Big Thing**

Someone's project gives Theo Williams cause for concern.

#### 9.00 The Country **House Revealed**

Dan Cruickshank tours country homes not open to members of the public. And they made a show about it? In your face, public peeps!

#### 10.00 The Apprentice: You're Fired!

MEW An interview with the first candidate booted off the show.

10.30 Newsnight

#### 11.20 Lord Sugar **Tackles Football**

This was on the other night. It's well worth a watch. (R)

12.20-4.35am BBC News

#### 7.00 Emmerdale

The farmers have cause for concern when crop circles appear among their corn fields. Maybe.

#### 7.30 Military **Driving School**

Jeremy Kyle gets behind the wheel of a tactical support vehicle. Let's hope it doesn't crash, eh?

#### 8.00 Countrywise

Rural rubbish as the team explore the landscape surrounding Loch Lomond in Scotland.

#### 9.00 Home Is Where the Heart Is

NEW Four homeless people are invited to live for a fortnight like celebrities. Then what? Back on the streets? Hardly seems fair!

#### 10.00 ITV News, Weather

10.35 Mars Attacks!

Director Tim Burton's sci-fi spoof with an all-star cast about bugeyed Martians who invade Earth.

12.30am The Zone

2.30 Crossing Jordan: Drama.

3.15-5.30am ITV Nightscreen

#### 7.00 News

7.55 4thought.tv

#### 8.00 Supersize vs Superskinny

Two people swap diets. Again!

#### 9.00 The Secret Millionaire

10.00 Campus

11.05 Misfits

**Poker Tour** 

An entrepreneur decides to volunteer for nine days at Brinsford Young Offenders' Institution.

Last in the series of the odd comedy.

NIVE PART Curtis realises he can fast-

forward time. Another ace episode!

12.10am UK & Ireland

Action from Manchester,

where leading pros take on locals.

1.10 Freesports 1.40 The Grid 2.05

GT Championship 2.30 Superbike

3.00 Boxing 3.25 Volleyball (R)

4.20 Catching the Impossible (R)

5.10-6.10am Full Metal Challenge

#### A night shift logs an accidental death, a homicide and a suicide.

10.00 CSI: Miami Three separate murders during the

# 10.55

Stella's life is endangered by an unexplained fire at her

#### 12.50am Super

Moments 4.15 Brian Sewell's Grand Tour (R)

# CSI: NY

spring break. (R)

9.00 CSI

apartment. (R)

11.55 CSI A body that seems to have fallen from the sky.(R)

# Casino

4.05 Meals in 4.55-6.00am



# facebook

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facebook.com/nuts.magazine

#### 1.35am Sign Zone: Madagascar(R) 2.35 The Hairy Bikers 3.35 Churches: How to Read Them (R) 4.05 Great British Railway Journeys (R) 4.35-6.00am BBC News

# NutsTV

# 11 MAY WEDNESDAY



# **Get Him To The Greek**

FILM Sky Movies Premiere/HD, 8pm Russell Brand's Forgetting Sarah Marshall has-been rock star Aldous Snow returns as record exec (Jonah Hill) resurrects his career. Funnier than you'd think! \*\*\*



# The Apprentice BBC1, 9pm

REALITY Tonight's test? To create, design, launch and flog a mobile app which culminates in boardroom drama. They should have created a "Who's the biggest Apprentice Berk" app. \*\*\*\*



The Sopranos

Sky Atlantic/HD, 9pm
Season two gets under way, with the unpredictable Richie released

7pm The Simpsons

Lisa gets lost en route to the

7.30 The Simpsons

Marge and Lisa talk about

8.00 Emergency with Angela Griffin

strong women. (R)(HD)

The actress shadows an incident support officer. (HD)

9.00 Brit Cops: Zero Tolerance

10.00 Fringe

The Runaway

12.00m't Ross

Kemp on Gangs

London. (R)(HD)

Poland. (R)(HD)

Following police officers in

Hammersmith and Fulham.

Weird drama. The team take on

11.00 Martina Cole's

Eamonn is summoned back to

The football hooligan gangs of

the case of a woman who appears to be immortal. (HD)

museum. Sounds like a blessing in disguise to us. (R)

from prison and Tony convinced that he has a rat in his own crime family. \*\*\*\*

# one

6.00am Breakfast 9.15 Missing 2011 10.00 Homes Under the Hammer 11.00 Don't Get Done, Get Dom 11.45 Cash in the Attic 12.15pm Bargain Hunt 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Escape to the Country (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link 6.00 BBC News, Weather 6.30 Regional

# TWO

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.30 Daily Politics 1pm See Hear 1.30 To Buy or Not to Buy (R) 2.15 Real Rescues (R) 3.00 Flog It! (R) 3.30 Put Your Money Where Your Mouth Is 4.30 Pointless (R) 5.15 Show Me the Monet 6.00 Eggheads 6.30 Great British Menu

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 (TV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 The Alan Titchmarsh Show 4.00 Midsomer Murders (R) 5.00 Britain's Best Dish 6.00 Regional News, Weather 6.30 ITV News

6.10am The Hoobs (R) 7.00 Freshly Squeezed 7.30 Everybody Loves Raymond (R) 7.55 Frasier (R) 8.25 Friends (R) 8.55 Wife Swap USA (R) 9.50 Relocation, Relocation (R) 10.55 A Place by the Sea 12.00noon News 12.05pm Make Do & Mend 12.35 The TV Book Club (R) 1.05 Live Channel 4 Racing 3.10 Countdown 4.00 Deal or No Deal: Banker's Birthday 5.00 Come Dine with Me (R) 6.00 The Simpsons (R) 6.30 Hollyoaks



6.00am Milkshake! 9.15 The Wright Stuff 11.05 Extreme Fishing with Robson Green (R) 12.05pm Meals in Moments (R) 12.10 5 News Lunchtime 12.20 Law & Order (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 Meals in Moments (R) 3.15 FIRM Victor. Sporting biopic starring Mark Lutz. 5.00 5 News at 5, Weather 5.30 Neighbours (R) 6.00 Home and Away (R) 6.25 OK! TV

News Programmes, Weather

7.00 The One Show

7.30 Waterloo Road

lingerie magazine. Wahey!

8.30 Life of Riley

open about his feelings.

9.00 The Apprentice

The candidates design,

phone app, before beardy Lord

10.00 News, Weather

10.35 The National

Kate Edmondson presents.

10.45 Would I Lie to You?

Fib-based laughs hosted by Rob

Night Draws

Brydon. Brilliant! (R)

**Lottery Wednesday** 

Sugar shouts at them.

launch and promote a new mobile

A shy pupil is caught looking at a

Maddy persuades Jim to be more

Topical chat.

#### 7.00 Escape to the Country

A London couple looking for a move out to the sticks. (R)

8.00 Two Greedy Italians The duo discover the humble beginnings of pizza. Mmm, pizza...

#### 9.00 Wonderland: Love, Sex and Therapy

Animated documentary following people with relationship issues.

9.50 Coast Watery wittering.

#### 10.00 The Apprentice: You're Fired!

An interview with the show's freshly rejected candidate. Ha - loser!

10.30 Newsnight

#### 11.20 Stewart Lee's **Comedy Vehicle**

The comedian explores the plight of people moving to the countryside. Pretty funny it is, too.

# 11.50 French Film

Romantic comedy starring Hugh Bonneville and Eric Cantona.

#### 7.00 Emmerdale

Barnyard-based bobbins.

#### 7.30 Poms in Paradise

Docu following the stories of British expats living in the city of Gold Coast in Queensland, Australia. "Ripper, mate!" etc.

#### 8.00 The National Movie Awards

Christine Bleakley hosts the backslapping ceremony from Wembley Arena. Expect the likes of Black Swan and The Social Network to feature.

10.00 ITV News, Weather

10.35 Cops with Cameras

Officers raid the house of a

suspected cocaine dealer. (R)

11.35 Long Lost Family

A woman looking for her brother. (R)

#### 7.00 News

#### 7.55 4thought.tv

#### 8.00 Vacation, Vacation, Vacation Activity holidays in Iceland and

the Atlas Mountains of Morocco. Activity holidays? Noo!

#### 8.30 Superscrimpers: **Waste Not Want Not**

# 9.00 24 Hours in A&E

Documentary following life at King's College Hospital in London.

#### 10.00 Desperate Housewives

#### 11.05 The Big Bang Theory

The boys make fun of Penny's boyfriend, Zack. (R)

#### 11.30 Being N-Dubz in America and Beyond

#### 12.05am Abbey **Road Debuts**

12.20 The Album Chart Show Introduces -Yasmin

12.35 4Play: Aloe Blacc

#### 12.55 The Album Chart **Show Spotlight**

9.00 NCIS A call girl is suspected of murder.

7.00 5 News at 7

like a wrong 'un to us. (R)

8.00 Essex Jungle

We can only assume they're

referring to Epping Forest...

A monkey begins a turf war. Sounds

7.30 Zoo Days

#### **Criminal Intent** Goren and Earnes investigate the

10.00 Law & Order:

murder of a surgeon. (R)

#### 10.55 Law & Order: **Special Victims Unit**

An alleged psychic comes forward with information on the whereabouts of a missing kid. (R)

#### 11.55 Poker: **Aussie Millions**

Action from the big-money event in Melbourne

#### 12.50am SuperCasino

(R) 5.35-6.00am House Doctor(R)

Sky Sports 1. 1.05pm Paring Channel A 7.30pm Hearts is Luluc Sky Sports 1, 7,45pm Imores Roms, ESPN. 8.30pm 1am Major League Baschall, ESPW.

# THURSDAY'S SPORT

10.30am Golf, Sky Sports 2. 11am Sussex vs Nottlinghamshire. Sky Sports 1. 1.05pm Rating. Channel 4. 3.30pm Golf, Sky Sports 2. 6pm Golf, Sky Sports 2, 7,30pm Football League, Sky Sports 1.

11.15 Bad Company

Comedy thriller starring

Anthony Hopkins and Chris Rock.

1.10am Sign Zone: See Hear (R) 1.40 Watchdog (R) 2.40 Atlantis -End of a World, Birth of a Legend (R) 3.40 One Man and His Campervan (R) 4.10-6.00am BBC News

1.15-4.10am BBC News

2.35 FILM Alien Siege: Sci-fi thriller starring Brad Johnson and Erin Ross. 4.00-5.30am ITV Nightscreen

12.30am The Zone

vs Superskinny Kids (R) 2.55 FILM Blanche Fury: Gothic melodrama. 4.35 Hill Street Blues: Drama. (R) 5.25-6.10am Countdown (R)

4.05 Meals in Moments (R) 4.15 1.10 The Crush 2.00 Supersize How Not to Decorate (R) 4.55 County Secrets (R) 5.10 Wildlife SOS

# THURSDAY 12 MAY



Syfy/HD, 9pm

DRAMA New nead of the conning plan New head of the Fifth Column

to infect the Vs with dodgy DNA. But Anna's still one step ahead and foils it! If it weren't for those pesky kids... ★★★



# The Chicago Code

DRAMA Sky1/HD, 9pm Slick new cop drama by the guy who made

The Shield, starring Jennifer Beals as Chicago's first female superintendent, trying to clean up the Windy City's streets. ★★★★



TODAY'S

**MUST-SEE** 

underdressed

7pm The Simpsons

7.30 The Simpsons

8.00 Hawaii Five-0

A major wave heads for the

interpret the data. (R)(HD)

Chicago Code MINE SAM Absolutely corking

islands, and the deputy can't

new cop drama about a female

police superintendent who

partner to fight crime both on

teams up with her farmer

Norwegian residents flood into Springfield to work. (R)(HD)

up their love life. (R)

Homer and Marge try to spice

Psychoville BBC2, 10pm

for answers (strike two!). ★★★

COMEDY More of the nutty dark comedy as Mr Jelly accepts a gig on behalf of Mr Jolly, while the missing locket search turns to Christopher Biggins

one

6.00am Breakfast 9.15 Missing 2011 10.00 Homes Under the Hammer 11.00 Don't Get Done, Get Dom 11.45 Cash in the Attic(R) 12.15pm Bargain Hunt (R) 1.00 BBC News, Weather 1.30 Regional News, Weather 1.45 Doctors 2.15 Escape to the Country (R) 3.00 BBC News, Weather, Regional News 3.05 CBBC 5.15 Weakest Link (R) 6.00 BBC News, Weather 6.30 Regional News Programmes, Weather

TWO

6.00am CBeebies 7.00 CBBC 8.30 CBeebies 11.35 The Pink Panther Show 12.00 noon Daily Politics 12.30pm GMT with George Alagiah 1.00 Diagnosis Murder 1.45 To Buy or Not to Buy (R) 2.15 Real Rescues (R) 3.00 Flog It! (R) 3.30 Put Your Money Where Your Mouth Is 4.30 Pointless (R) 5.15 Show Me the Monet 6.00 Eggheads 6.30 Great British Menu

5.30am ITV News 6.00 Daybreak 8.30 Lorraine 9.25 The Jeremy Kyle Show 10.30 This Morning 12.30pm Loose Women 1.30 ITV News 1.55 Regional News, Weather 2.00 60 Minute Makeover 3.00 The Alan Titchmarsh Show 4.00 Midsomer Murders (R) 5.00 Britain's Best Dish 6.00 Regional News, Weather 6.30 ITV News

6.20 The Hoobs (R) 7.10 Freshly Squeezed 7.40 Everybody Loves Raymond (R) 8.05 Frasier (R) 8.35 Friends (R) 9.05 Wife Swap USA(R) 10.00 Relocation, Relocation (R) 10.55 A Place by the Sea 12.00noon News 12.05pm Make Do & Mend 12.35 The TV Book Club (R) 1.05 Live Channel 4 Racing 3.10 Countdown 4.00 Deal or No Deal: Banker's Birthday 5.00 Come Dine with Me (R) 6.00 The Simpsons (R) 6.30 Hollyoaks

6.00am Milkshake! 9.15 The and Away (R) 6.25 OK! TV

7.00 The One Show More topical stuff.

7.30 EastEnders Try The Simpsons on Sky1 instead.

8.00 Watchdog

More wrongdoing, including overcharging, poor service and misleading claims. Tut, tut!

9.00 Inside the **Human Body** 

How the human body keeps itself alive, from the first breath to the last.

10.00 News, Weather

10.35 Question Time

11.35 This Week

What's been going on in politics over the past week. If you care.

12.25am Sign Zone: Track My Trash: Panorama The illegal market in electronic waste. As dull as it sounds. (R)

12.55 Countryfile (R)

7.00 Coast

Watery waffling. (R)

8.00 The Animal's **Guide to Britain** 

Coastal creatures.

9.00 The Shadow Line Gabriel and Joseph are desperate to track down the driver of Wratten's car first, but a mysterious figure is one step ahead. Damn you,

mysterious figure!

10.00 Psychoville MUST SEE The investigation into the whereabouts of the locket turns to Christopher Biggins for answers.

11.20 Business Nightmares with **Evan Davis** 

The Dragons' Den presenter reveals stories of business mistakes. (R)

12.20am Children's Craniofacial Surgery A seven-year-old girl with a skull

abnormality gets surgery. (R)

7.00 Emmerdale

Aaron accuses Hazel of giving up on Jackson. We gave up hope when he died in 2009. RIP Jacko.

7.30 The True Cost of a Car: Tonight

A report on the rising cost of motoring. Clue - it's lots!

8.00 Emmerdale More farmyard nonsense.

8.30 Coronation Street

9.00 Long Lost Family Two women who were given up for adoption and are hoping to find

their birth mothers.

10.00 ITV News, Weather

10.35 Piers Morgan's Life Stories: David Hasselhoff The Hofftalks. (R)

11.35 Regional Programme

12.05am Grimefighters Extreme cleaners, er, clean stuff. (R)

12.30 The Zone

7.00 News

7.55 4thought.tv

8.00 Three in a Bed Bed and breakfast wars.

9.00 A Very **Dangerous Doctor** 

The controversy surrounding a paediatrician who accused parents of abusing their own children.

10.40 The Secret Millionaire

An entrepreneur works at a young offenders' institute. (R)

11.45 The Big **Bang Theory** 

Geeky fun as Leonard's idea for a smartphone app puts pressure on his friendship with Sheldon. (R)

12.15am Music on 4: The JD Set: Manchester Mani from Primal Scream celebrates

12.30 Album Chart Show Introduces -Jamie Woon

the music of The Smiths.

12.45 4Play: Oh Land

Wright Stuff 11.05 Extreme Fishing with Robson Green (R) 12.05pm Meals in Moments (R) 12.10 5 News Lunchtime 12.20 Law & Order (R) 1.15 Home and Away 1.45 Neighbours 2.15 The Vanessa Show 3.05 Meals in Moments (R) 3.15 FILE The Reading Room: Urban drama starring James Earl Jones. 5.00 5 News at 5, Weather 5.30 Neighbours (R) 6.00 Home

7.00 5 News at 7

7.30 Rough Guide To Street celebrations in Spain. (R)

8.00 Emergency Bikers An officer chases speeding joyriders on his unmarked bike.

9.00 Extreme Fishing: **Ends of the Earth** 

Robson Green goes roddangling in odd destinations.

10.00 Impossible

11.05

Abroad

Navid David

chucked in a

slammer in

Venezuela for

cocaine out of

the country.

Lesson learnt.

Paul Escoffey (who?) challenges contestants to assess the plausibility of a proposed stunt in a weird game show thingy.

the streets and in Chicago's corridors of power. (HD)

10.00 House The medic revives a boxer's

flagging career.

11.00 NCIS: Los Angeles Deeks is forced to resume an

old alias. (R)

12.00m't Ross Kemp on Gangs Fighting in Colombia. (R)(HD)

**Banged Up** Evans, who was trying to smuggle

12.05am Super Casino

4.05 Meals in Moments(R) 4.15-4.55am How Not to Decorate (R)



1.55 Antiques Roadshow (R) 2.55 Neighbourhood Watched (R)

3.40-6.00am BBC News

1.20-3.40am BBC News

2.35 The True Cost of a Car: Tonight: The rising cost of motoring. (R) 3.00 ITV Nightscreen 4.35-5.30am Jeremy Kyle: Morning Surgery (R)

1.00 The Model Agency 1.55 Supersize vs Superskinny Kids (R) 2.50 A Year Inside Number 10 (R) 3.45 Hill Street Blues (R) 4.35-4.50am Great British Brands (R)





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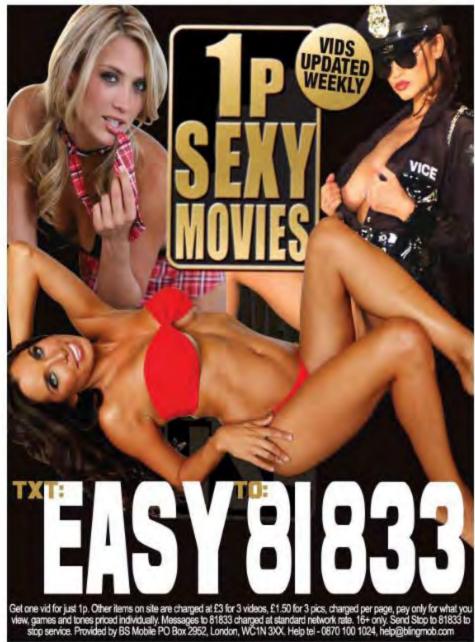
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# The notes

PHOTOS & HOOK UP VIA YOUR MOBILE WHEN IT SUITS YOU

Gill, UK (34)



Anna, London (36)





Katherine, WALES

CATHERINE

Janie, SOUTH (41)

Rita, Wales/Uk (45)

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fun

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Polly, 44 UK

Get my hot pix...text

Tara Uk 47

Tash, Glasgow (18) Minki, Leics (18)

Get my hot pix...text to 68889

woma

wants fun

ith guy 18

**ESSEX (34)** 

30

pix.

UK Rep

Claire, Uk (38)

Val, UK (40s)

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Liz, 20s Hants/Uk



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to 68889

Daze, anywhere UK



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Jule, Uk (40)



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Mell, Belfast NI (18)



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LIB NORTH WEST (21)

to 68889



Carly, 18 UK

Get my hot pix...end HOT videos text

Lets have some fun Get my hot pix...text

BETH38 to 68889



NICI to 68889

Get my pix.

m 68889

Saucy, 34 Kent/Sussex



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Kat, London, 18 years old!



Kitty,18 Lancs



Get my pix...

Lily, UK (40)

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Get my pix.

Ami,20 GLOUCS



Get my hot pix and HOT

to 68889

Lee, 20 Leeds



Get my hot pix...and VIDEOS text 68889



Get my hot pix..and VIDEOS text

KER68889

ANNE, 40s YORKS



NNE to 68889

Get my hot pix...AND VIDEOS text

to 68889 TO SWAP TO A DIFFERENT PERSONA TEXT SWAP TO

Leah, London/Uk (19)

Beverly Mids/Uk (3os)







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woman 35 - hopes

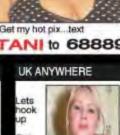
age doesnt put you off!

Get my hot pix...and

BEVERLY



Tani South West/Uk (43)









Naughty, South West and

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Skippy's nose

job didn't go

entirely to plan

equals 12,345,678,987,654,321.

The last time it snowed in the Sahara Desert was 18 February, 1979.

Saffron, coffee, alcohol, onion, turkey and, of course, asparagus can all alter the smell of human urine.

In 1998, an Oklahoma City zookeeper had her arm fully severed by a female tapir she was attempting to feed.

In a match in the Cypriot third division between Olympos **Xylofagou and Ayios Athanasios** in May 2007, Olympos striker Panagiotis Pontikos scored 16 goals in a 24-3 victory - a 21st century record in a competitive game.

Graeme Swann is one of only two bowlers in history to take two wickets in their first over in Test cricket.

Stanley Ho, a Macau casino owner, paid a record price of \$330,000 (£202,000) for single truffles at auction on two separate occasions.

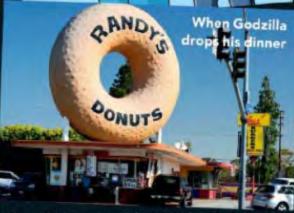
Though some modern hotels are described as six or seven-star, the highest official rating for a hotel is Five Star Superior Luxury

Movie star Vin Diesel has a nonidentical twin brother, Paul.

in 2009, after playing a pitcher in TV show Eastbound And Down, minor league baseball team the Pensacola Pelicans offered actor Danny McBride a professional contract.

# PUB AMMO ON... DOUGHNUTS 111,111,111 multiplied by 111,111,111





- In 2007, a world record-sized doughnut made out of 90,000 regular ones was made to promote The Simpsons Movie.
- US soldiers ate so many doughnuts in the First World War, they were nicknamed "Doughboys."
- The Dutch, who many credit for inventing the doughnut, call them "olykoeks" - literally, "oily cakes".
- National Doughnut Week starts on Saturday, 7 May. To find out more, visit www.national doughnut week.org





